

Autism Spectrum Disorders

Resources for Teachers and Parents

The goal of the Autism Spectrum Disorders Strategic Plan is to ensure development and provision of quality special education programs and a full array of educational services for individuals with Autism Spectrum Disorders.

One of the key components of the ASD Strategic Plan is to enhance educational programs for students with ASD through development of a comprehensive curriculum that employs “best practices” and meets the unique needs of this student population. This document was created to provide teachers, parents, and community resource providers with access to instructional strategies. Listed below are suggested resources which can be used with students with Autism Spectrum Disorders.

Social Stories:

Carol Gray created social stories. This is a “must see” website.

<http://www.thegraycenter.org/>

A collection of social stories are provided that can be adapted for your student/child.

<http://www.polyxo.com/socialstories/>

An explanation of social stories is provided on this website.

<http://www.autism.org/stories.html>

A description of social stories, comic book conversations and thinking stories is given.

<http://www.autism.org/stories.html>

A collection of social stories already created for you to use.

http://www.frsd.k12.nj.us/autistic/Social%20Stories/social_stories.htm

This link lists the top ten tips for writing a social story and other helpful ideas.

http://www.frsd.k12.nj.us/autistic/Parent%20Training/social_stories%20notes.htm

Visual Schedules:

A definition and sample visual schedules are shown on this website.

<http://www.cesa7.k12.wi.us/sped/autism/structure/str11.htm>

The “how to” of organizing a visual schedule is described here.

<http://www.do2learn.com/picturecards/howtouse/schedule.htm#>

This link provides a definition and brief example of visual schedules.

<http://www.usd.edu/cd/autism/topicpages/printer/Visual%20Schedules.pdf#search='visual%20schedules'>

Look here for components and tips for creating visual schedules.

<http://www.autismnetwork.org/modules/environ/visualschedule/>

Why use visual schedules? Here are a few reasons.

<http://www.setbc.org/projects/vss/>

Tips on designing and using visual schedules are provided on this link.

http://www.ttac.edu/development/ENewsArchives/Autism/autism_e_September_2003.htm

Samples of visual schedules are shown here.

<http://members.aol.com/Room5/schedule.html>

TEACCH (Treatment and Education of Autistic and Related Communication Handicapped Children):

This is the homepage for the University of North Carolina where TEACCH is based.

<http://www.teacch.com/>

Educational approaches are listed on this link.

http://www.teacch.com/teacch_e.htm

Structured teaching and physical environment and scheduling are described here.

http://www.teacch.com/teacch_e.htm

What is TEACCH?

<http://www.teacch.com/aboutus.htm>

Here are the principles and concepts of TEACCH.

<http://www.nas.org.uk/nas/jsp/polopoly.jsp?d=297&a=3630>

Behavior and Stress Management:

This book is practical and a great tool for teachers and parents.

<http://www.5pointscale.com/>

Here is the anxiety curve and how it works.

http://www.5pointscale.com/smart_ideas.htm

This website describes an array of behavior and strategies for student with ASD.

<http://webpages.acs.ttu.edu/ealvis/index.html>

Sensory Processing Issues:

This site provides an explanation of sensory processing in students with ASD.

<http://www.autism.org/si.html>

Here is a website with numerous links to articles on sensory integration.

http://www.comeunity.com/disability/sensory_integration/

Read this site for answers to frequently asked questions about sensory issues.

<http://www.sensoryint.com/faq.html>

Here are sensory products for individuals who have sensory processing differences.

<http://www.sensorycomfort.com/>

This site has children's books on relaxation and how to calm.

<http://www.sensorycomfort.com/relaxati.htm#A%20Boy%20and%20a%20Bear>

Here are self-calming cards in English and Spanish.

<http://www.sensorycomfort.com/relaxati.htm#Self-Calming%20Cards>

Information on sensory processing and sensory diets is provided on this site.

<http://www.kid-power.org/sid.html>

A sample sensory diet is shown on this link.

<http://www.mindspring.com/~dgn/sensory.htm>

Learn about sensory diets and how OTs work with children.

http://www.henryot.com/news/sensory_diet_applications_review.asp

Here is a reference for Occupational Therapists showing techniques.

http://www.comeunity.com/disability/sensory_integration/bkbridges.html

An OTR explains sensory integration and sensory diets on this link.

http://www.santarosa.k12.fl.us/ese/Low_Prevalence/sensory.pdf#search='sensory%20diet'

Here is a resource for OTs listing interventions for specific behavior.

<http://www.ddleadership.org/aspergers/courses/sensory/mod3sensorydiet.html>

Communication:

Speech and language developmental milestones are listed on this site.

<http://www.comeunity.com/disability/speech/milestones.html>

Look here for information on increasing communication skills in students with ASD.

<http://www.outersound.com/cafero/articles/10-07-1.htm>

An explanation of autism and communication difficulties is shown here.

<http://www.nidcd.nih.gov/health/voice/autism.asp>

This website contains links to interventions for behavior and communication.
<http://webpages.acs.ttu.edu/ealvis/index.html>

Social communication and ASD – a brief explanation is provided here.
<http://www.personal.psu.edu/students/a/f/afr116/socialcomm.htm>

Here is book that provides social skills instruction and interventions.
<http://www.jeaniemcafee.com/book.htm>

A reference book for teaching social communication skills is listed.
<http://www.brookespublishing.com/store/books/quilt-4536/>

An overview of Picture Exchange Communication System (PECS) is shown.
<http://www.childrenwithspecialneeds.com/pecs.html>

The 4 components of social communication are provided on this site.
<http://depts.washington.edu/soccomm/model.html>

Right here in Minnesota! A resource for parents, teachers and students.
<http://www.wmlearningconnections.com/>

Teaching social skills using Skillstreaming.
<http://www.usu.edu/moose/USU/Behave/SocialSkills-02.pdf#search='teaching%20prosocial%20communication%20skills'>

Here is brief information on the hidden curriculum, Brenda Smith Myles.
<http://www.aspennj.org/myles.html>