

NEW PRAGUE AREA

Community Education

Enrichment • Development • Recreation



Kids Polymer Clay Class

See Page 9

Social Media Marketing

See Page 20

New Prague Area

952-758-1734 • www.np.k12.mn.us/commed

Queen of Peace Hospital

952-758-4431

Winter 2011

Serving the cities of Elkton New Market, New Prague & Neighboring Communities

Illusion Theater:
My Antonia, Antonia and Papa
Photo by Lauren B. Photography

New Inside!

DISTRICT 72 NEWS



Got S.T.E.M.?
Science, Technology, Engineering, & Mathematics

Music
The new music program at the school...

Books
The new book collection at the school...

Procedures
The new procedures at the school...

Inside
The new inside at the school...

2011 Community Read & Performance

My Ántonia

BY WILLA CATHER

Join your neighbors, friends, and family this February for a Community Read of the classic novel *My Ántonia* by Pulitzer Prize-winning author Willa Cather. This is the story of a spirited young Bohemian girl whose immigrant family builds a life in the untamed plains of late 19th Century Nebraska. With striking similarities to the history of our area, this novel's many characters and stories will resonate with local readers.

Copies of the novel are available now at the New Prague Library for free check-out and through Community Education for a suggested donation of \$5 each.

Note to Parents: As characters in the story face life's challenges, this novel touches on issues that may not be comfortable for readers younger than middle school.

Community Education thanks NPHS Student Council and Honor Society, NPHS English Teachers & Administration, Generations Theater, local Book Clubs, Katie Guentzel, the Czech Heritage Club, New Prague Library, New Prague Arts Council, Dr. Mary Susan Johnston of Minnesota State University Mankato, and the many others who supported this community arts project.

Take Part in One or More of These Related Events

- Illusion Theater's Production of *My Ántonia*. Adapted for the stage by Allison Moore and Directed by Michael Robins. *Starring New Prague Graduate Katie Guentzel, Winner of 2010 Ivey Award for Best Actress*. Sunday, March 13, 2 p.m. at New Prague High School Auditorium. Tickets available through Community Education starting February 1. Watch for more information available February 1 at www.np.k12.mn.us/commed and in local newspapers.
- Online Discussion of the novel starting in February: www.np.k12.mn.us/commed
- Community Read LIVE Discussion with Dr. Mary Susan Johnston: Professor of English at Minnesota State University Mankato; Sunday, March 6, 2 p.m. at New Prague Library
- Celebration of Czech Heritage: Sunday, March 13, 3:30-5 p.m. at New Prague High School Cafeteria.



Illusion Theater:
My Ántonia, Sunset on the bluffs
Photo by Lauren B. Photography

Finding us

New Prague Area Community Education

Adult & Youth Programs, Administration
420 Central Avenue North New Prague, MN 56071
Phone (952) 758-1734 Fax (952) 758-1739

Early Childhood Services

ECFE, Early Childhood Screening, Preschool
1234 Columbus Avenue North New Prague, MN 56071
Phone (952) 758-1670 Fax (952) 758-1679

Kids' Company

Information (952) 758-1735 • Billing (952) 758-1731

Building Locations

Community Education – NPCEC

420 Central Ave N—New Prague, MN

District Office • Business Office

410 Central Ave N—New Prague, MN

High School 221 12th St. NE—New Prague, MN

Middle School 721 Central Ave N—New Prague, MN

Eagle View Elementary

25600 Nevada Ave—Elko New Market, MN

Falcon Ridge Elementary

1200 Columbus Ave N—New Prague, MN

Raven Stream Elementary

300 11th Ave NW—New Prague, MN

Family & Community Services Center (ECFE)

1234 Columbus Ave N—New Prague, MN

Transportation 105 7th St. NE—New Prague, MN

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What's new?

Check out the District 721 News insert in the center of this brochure. This is a response to requests from community members for more school district news. Your suggestions for future content are welcome.

Community Education Staff

New Prague Area Schools

Amy Eich, Director; Sherry Eggum, Secretary
420 Central Ave N • New Prague, MN 56071
(952) 758-1734

Queen of Peace Hospital

Kris Tietz, Education Director
301 2nd Street NE • New Prague, MN 56071
(952) 758-4431

Miss the Montgomery-Lonsdale classes?

Pool information is here on page 13. You can find the rest on the Community Education page of www.montlonsdale.k12.mn.us or by calling 507-364-8107.

Montgomery-Lonsdale Schools

Kathy Peterson, Director; Mary Simon, Secretary
101 2nd Street NE • Montgomery, MN 56069
(507) 364-8107

Check out some of these  classes:

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Early Childhood Family Education

...growing & learning together

What is ECFE?

Early Childhood Family Education (ECFE) is a Community Education program of the New Prague Area Schools. ECFE offers weekly classes, special events, field trips and services for parents of young children between birth and kindergarten age.

Most ECFE classes begin with parents and children playing together in the early childhood room. Fun learning activities are planned. After a short circle time, parents move to the parent room. Parent discussion is lead by a licensed parent educator. The children continue with the licensed early childhood teacher. In other classes, parents and children play and learn together the entire time.

Most classes meet once a week for 1.5 hours. Childcare is provided for children not enrolled in class. All families are welcome. Fees are on a sliding scale. No one will be denied participation due to inability to pay.

Why should I take an ECFE class?

- *It's a great place to spend special time with your child.*
- *Your child will learn, play, and discover.*
- *Parents will get information and support.*
- *Classes are affordable and fun!*

Registration for Winter/Spring is now open. Call 952-758-1670 for class availability or registration.

YOUTH • EARLY CHILDHOOD

Early Childhood Screening

Minnesota requires all children to complete Early Childhood Screening.

Screening helps identify children who may benefit from additional learning or health services before they enter Kindergarten.

When your child is 3 ½ to 4 years old, you will be contacted by our Early Childhood Screening Staff inviting you and your child to a screening. If your child is 4 and you have not received a call, please contact us at Early Childhood Screening at 952-758-1674.

This free screening checks your child's height, weight, vision, hearing and development. Your child's immunizations will also be reviewed.

Preschool Scholarships

A quality preschool experience can provide the foundation for your child's future social and academic learning. Plus...your child will love it. The School Readiness program can offer free or reduced tuition scholarships for eligible families. Call 952-758-1670 for more information.

New Prague Help Me Grow

Do you have questions about how your child is developing?

Call 952-758-1728

Help Me Grow provides free support and guidance about child development to families with children birth to five years old. Call 952-758-1728 or visit mnparentsknow.info for more information.



School Readiness New Prague Area Schools Preschools

School Readiness programs help 3-5-year-olds and their families prepare for a successful school experience. Our district offers three great preschool opportunities to help children prepare for school. Reduced tuition is available for families who qualify. Call 952-758-1670 for preschool information, enrollment, and tuition assistance.

- **Kids' Corner Preschool** – two or three days per week traditional preschool for 3-5-year-olds. (New Prague)
- **Eagle View Preschool** – two or three days per week traditional preschool for 3-5-year-olds. (New Market)
- **PM Preschool** – one-night-a-week preschool for children 3-5 years old. Parents attend with their child once a month for a school readiness night. (New Prague and New Market)



2011-12 Preschool Registration

Registration for preschool will begin in February. All children ages 3 to Kindergarten age are eligible and will be invited by mail to enroll. Look for information in early January.

Call 952-758-1670 for Open House information or questions regarding registration.



IT'S A FREE
Baby Fair

Do you wish babies came with instructions? This event is for all expectant parents and parents of babies newborn to 11 months old. Educational information booths, vendors, and resources will be available to assist you in your most important job . . . being a parent!

Saturday, April 16

9am - 12pm

**Early Childhood Center
in New Prague**

****Please call 952-758-1670
to register!****

Special Guest Speakers:

Stacy Stats, Physical Therapist
*"The Importance of Tummy
Time for Babies"*

Mary Taylor, Registered Dietician
*"Your Kids are What You
Feed Them"*

**Participate in a 'mini'
baby and parent class!**

- free professional photographer
- gift bags • food • prizes

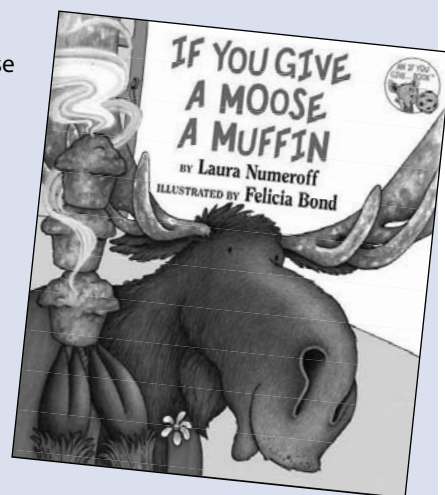
Trip to the Stages Theatre

Suppose you had a rather large moose who stopped by to visit. Suppose you decided to feed him a muffin. Suppose he was still hungry. One thing leads to another in this laugh-out-loud musical comedy. Join us at the Stages Theatre for "If You Give a Moose a Muffin"

Space is limited; register early!

Thursday, February 10
8:30 am—1:00 pm
Bus will leave promptly at 8:45 and return at approximately 1 pm
\$10/person (recommended for 3 yr. olds & older)

Parent Tip: To help your child enjoy the play, try to read the book prior to our play date. It's available at most libraries. "If You Give a Moose a Muffin" by Laura Numeroff



Ride with the Sled Dogs

Mush, Mush . . . Hop onto a dogsled and take a ride on our ECFE trail. Join us Saturday morning, February 5, for a winter dogsledding adventure. The fun begins at 10:30 am. There will be warm and cold activities, hot treats, and of course, a ride with the sleddogs. Please register. Registered families will ride first.

Saturday, February 5
10:30 am—12:30 pm
Early Childhood Center (ECC)
\$5/child (child must ride with an adult)

Join us at the ECC.
Your dogsled is waiting!

Scott County Library

www.scott.lib.mn.us

New Prague Branch

952-758-2391
400 Main Street East, New Prague

Winter Storytime:

Thursdays, Jan. 6-Feb. 10, 10:30-11am

- Preschool, Ages 3-6
- Toddler, Ages 18-36 months w/ parent (*Parents must remain in the library during storytime.*)

Spring Storytime:

Thursdays, Mar. 3-Apr. 7, 10:30-11am

- Preschool, Ages 3-6
- Toddler, Ages 18-36 months w/ parent (*Parents must remain in the library during storytime.*)

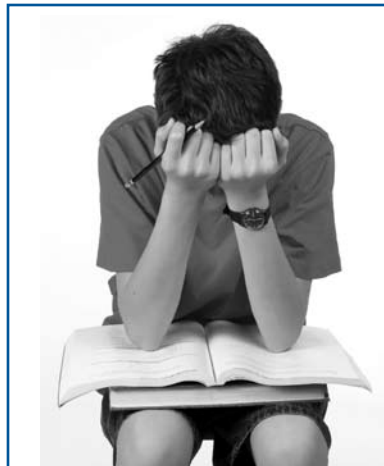
Storytimes are free of charge and sponsored by the Scott County Library System and the New Prague Friends of the Library.

Elko New Market Branch

952-461-3460
Corner of Church and St. Joseph Streets, New Market

Family Storytime: Last Three Fridays of each month, 10:30am

Occasionally throughout the year, local business owners, community leaders and other notable people join us as "special guest" storytellers. Call the library for updates.



**“New Math”
For Parents**

NEW!

Parents, are you baffled by the new approaches in today’s math classes? Finding it hard to help your student with math homework? Stop in to listen as Raven Stream Elementary teacher Tim Ledwein describes the latest. He’ll explain what it means to “think algebraically” and “relationally” and how “algorithms” work.

Thursday, 2/24 6:30-7:30pm
Raven Stream Media Center FREE
Instructor: Tim Ledwein

**Memorize Basic Math Facts
the Easy Way!**

Grades 1 through 5, parents welcome
Listen carefully in this class and you will have all the memory tricks that will make adding, subtracting and multiplying easy. Parents are welcome at no charge and are encouraged to attend. The first night focuses on adding and subtracting skills. On the second night, you will learn multiplication memorization tricks. The answers to math problems will quickly be a “piece of cake” if you know the memory tricks that will give you the answers. Bring a notebook and pencil to class. Parent comments from previous classes: “I wish I would have learned the math facts this way when I was in school”; “My son got 100% on his math fact test!”; “I didn’t know math could be so much fun.” Register each child who will attend. Parents are welcome, but do not register.

Thursdays, 3/17-3/24 6:30-7:45pm
NPHS-Lecture Hall (265) \$30
Instructor: Nancy Kodelka

Spanish Express for Kids

Grades K - 5

Discover Spanish! In two-and-a-half hours, kids will be introduced to the basic sounds, phrases and vocabulary of the Spanish language. Kids will play games, listen to music, do movement activities, create crafts and explore the language. Kids will take home their creations, vocabulary sheets and excitement about about what they discovered. *This course includes a snack; upon registration, specify allergies or special instructions.*

Session A:
Saturday, 3/5 9:30 am-12pm
CEC-Community Ed \$17

Session B:
Saturday, 4/16 9:30 am-12pm
CEC-Community Ed \$17

Instructor: Kosa Staff

Math Masters

NEW!

Grade 5

Math Masters is a regional competition designed to promote excellence in thinking skills pertaining to Math. It challenges students to use problem solving and higher-order thinking skills. Top students will receive awards for academic effort and achievement. All students that compete will receive a t-shirt. The competition will take place on Friday, April 29, in Belle Plaine. *Students will receive more information about the competition from their coach. Students should report to Kids’ Company until class begins; registration for Kids’ Company not necessary for this purpose. Bring a snack to eat before class begins.*

Tuesdays, 3/29-4/26 4-5pm
Falcon Ridge-Classroom 142 \$35
Instructor: Jodi Prchal

Spanish for Kids

Grades K - 5

Spanish for kids will teach and reinforce basic vocabulary, phrases and sounds of the Spanish language. Each day will bring new games, activities/crafts and an exciting topic while reinforcing the materials already presented. *Students should report to Kids’ Company until class begins; registration for Kids’ Company not necessary for this purpose. Bring a snack to eat before class begins.*

Session A:
Thursdays, 3/17-4/14 4-5:15pm
Raven Stream-Art Room \$29

Session B:
Tuesdays, 5/3-5/31 4-5:15pm
Falcon Ridge-Room 140 \$29

Instructor: Kosa Staff

Elementary Science Fair

**Saturday, March 5
9am – 12 noon
CEC Gym**

Information Meetings

Eagle View – Thursday, January 13 at 7 pm in the Media Center

Falcon Ridge, Raven Stream and 6th Grade – Thursday, January 20 at Falcon Ridge at 7 pm in the Media Center

Help Sessions

Eagle View, Falcon Ridge & Raven Stream

Tuesdays, 2/1 & 2/8
Thursdays, 2/17 & 2/24
3:45 – 5 pm in the Computer Room

ACT Test Preparation

A Note from the Counselor’s Office:

ACT recommends that 11th grade students take the ACT test either in April or June. This is so that they can complete their core studies in preparation for the test (Algebra 2 and Chemistry or Chemistry in the Community, Language Arts). Twelfth grade students who wish to retake the ACT would most likely do so on the October test date. If a student decides to take an ACT Preparation Course as listed in this Community Education booklet, it would be wise to take the course closest to the date of their ACT test. Test dates for this year are 2/12, 4/9, 6/11. See www.actstudent.org for test registration information and deadlines. .

This 12-hour ACT prep course is designed for students who wish to improve their test-taking skills and their overall scores on the ACT exam. We provide an introduction to the ACT, strategies for answering questions, and instruction and review for the specific subject areas.

Mondays 2/28-3/21 5:15-7:15pm
NPHS-Classroom 210 \$120
Instructor: Dean Dorner



Home Alone Clinic

NEW!

Ages 8-12

Prepare to stay home alone and make yourself comfortable and safe when home alone. Kids will make emergency contact lists and first aid kit, do fingerprinting, learn about fire escape routes, kitchen safety and much more. Bring a bag lunch and snack, pencil or pen and markers. *Cathy White is a Red Cross authorized instructor for Home Alone, Babysitting and CPR classes.*

Session A:	
Saturday, 2/19	9am-2pm
CEC-Community Ed 153	\$32
Session B:	
Saturday, 3/5	9am-2pm
Eagle View-Art Room	\$32
Instructor: Cathy White	



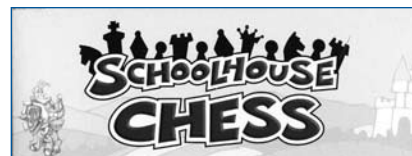
Red Cross Babysitting Clinic

11 years old and up

Participants will be given instructions on baby development, first aid, diapering, etc. Please bring a sack lunch and a large doll for diapering practice. You will receive a small first aid kit.

Saturday, 4/9	9am-3:30pm
CEC-Community Ed 153	\$59
Instructor: Cheryl Malecha	

Driver's Ed Classroom & Behind the Wheel Sessions online at ce.isd721.org



Schoolhouse Chess

Grades 1-5

Join Schoolhouse Chess and learn to play the most popular game in the world! This program brings chess pieces to life using creative personalities that fascinate and make learning fun. Class curriculum depends on level of students. Beginners receive an introduction to chess pieces, setup, basic rules including checking, castling and material value. Intermediate players learn sophisticated chess tactics & strategies. All participants receive their own magnetic chess set, Schoolhouse Chess Comic Book, and weekly worksheets. *Students should report to Kids' Company until class begins; registration for Kids' Company not necessary for this purpose. Bring a snack to eat before class begins.*

Session A:	
Tuesdays, 4/26-5/24	4-5pm
Eagle View-Art Room	\$54
Session B:	
Tuesdays, 3/22-4/19	4-5pm
Falcon Ridge-Classroom 140	\$54

Session C:	
Tuesdays, 2/1-3/1	4-5pm
Raven Stream-Art Room	\$54



Art Studio

Grades K-5

Abrakadoodle Art studio is a fun new art program for kids that focuses on developing creativity and imagination. We will introduce new art techniques and mediums including paints, pencils, oil pastels, model magic, papers and more. Along with cool projects, each session includes a new drawsters drawing lesson and a sculpting lesson.

Session A:	
Mondays, 1/31-3/14	4-5pm
Skip 3/21	
Eagle View-Art Room	\$74
Session B:	
Thursdays, 2/3-3/17	4-5pm
Skip 2/24	
Falcon Ridge-Classroom 140	\$74

Students should report to Kids' Company until class begins; registration for Kids' Company not necessary for this purpose. Bring a snack to eat before class begins.

Paint, Sculpt & Craft

Grades K-5

Paint, sculpt and craft class is a fun creative program that will develop your child's imagination. In this spring session we will paint pussy willows using metallic paints, create a masterpiece on canvas board, sculpt Oaxacan animals, decoupage picture frames and create lots of colorful art!

Session A:	
Mondays, 4/11-5/23	4-5pm
Skip 4/25	
Eagle View-Art Room	\$74
Session B:	
Thursdays, 4/7-5/26	4-5pm
Skip: 4/21, 4/28	
Falcon Ridge-Classroom 140	\$74



Cinderella's Daddy-Daughter PRINCESS BALL

Girls Ages 3-8 & Their Escorts

Join Once Upon A Star's Cinderella & Friends Ariel & Jasmine for an enchanting evening with your special "date"! We'll enjoy a craft, snack, dancing and more princess fun. Each princess will receive her own personalized princess tote bag, jewelry craft project and royal wand to take home. All 'couples' will have a photo taken with your date with next-day proof access. Adults, please bring your camera for memorable photo opportunities...including a group-princess photo with your daughter! Hosted by Once Upon a Star Kid Parties. **Space is limited; register early.**

Once Upon A Star
Kid Parties
www.costumestar.com

Eagle View Elementary
Friday, April 1, 6:15-7:45 pm
\$29/Child
(please list escort in notes)

How to Care for Your Family Pet

NEW!

Boys and Girls 8-12 years old

Not sure what kind of pet to add to your home? Not sure how to care for the family pet you already have? Dogs, cats, horses, leaping lizards & more. Let's find out what they need to thrive in our families.

Monday, 3/7 6-7:30 pm
CEC-Community Ed 153 \$7



Cool Careers for Girls with Animals

NEW!

Girls, 8-12 years old

Join us for a fun filled evening exploring different career choices. Veterinarian, yes...What about a Herpetologist? Dog Trainer? Now set the goal of Exotic Animal Trainer. Pet Sitter? Come on, lets think about Wildlife Management, plus 15 other cool choices.

Monday, 3/14 6-7:30 pm
CEC-Community Ed 153 \$7

Instructors: Mandy Meyer from Kaos Kennels, Professional Trainer, Veterinary Technician & dog boarding facility owner with daughter Kayla Meyer.

Beginning Guitar

Grades 3-5

New and returning students invited! Continue your journey or start brand new. New students will learn basic chords, notes on the first three strings and beginning repertoire. Returning students will learn more complex chord structure, trickier rhythmic patterns, some soloing and continuing repertoire. We keep the class fun while making the instrument easily accessible for all students. Get some blisters on your fingers! Sign up today! **NOTE TO PARENTS:** Please supply your child with a six-string guitar. Call 952.361.6882 if you would like recommendations for purchasing a guitar. Remind your child to bring guitar to each class. Students who bring electric guitars should also bring their own amplifier. There will be a mini-recital at the end of the session. Parents are invited to attend. See www.youthenrichmentleague.com for more details. *Students should report to Kids' Company until class begins; registration for Kids' Company not necessary for this purpose. Bring a snack to eat before class begins.*

Session A:

Thursdays, 2/3-3/24 4-5pm
Eagle View-Art Room \$85

Session B:

Thursdays, 4/7-5/19 4-5pm
Skip 4/21
Eagle View-Art Room \$69

Instructor: Youth Enrichment League



Dog Obedience Basic & Intermediate

See Adult Hobbies,
Page 18



Kids' Polymer Clay Sculpture Class

Ages 5 and up

Looking for something super fun to do on a winter day? Learn how to make cool designs in polymer clay that can become the color fur, scales or feathers of the wildest creature you can imagine! We will build over a tinfoil form which will make it strong enough and light enough to last. You will get to take your creature home with instructions on baking!

Saturday, 2/12 1-3pm
CEC-Art Room \$34

Layl McDill has been a working with polymer clay since 1994. Layl shows and sells her art at arts festivals and galleries nationwide and at Clay Squared to Infinity in Minneapolis. Her work can also be found in numerous books and publications.

Polymer Clay Pen Class

Ages 5 and up

Learn basic Millefiore designs like a star and a checkerboard and then use them to decorate pens. Learn all kinds of fun ways to make a regular bic pen into a work of art. Even add some dimensional creatures to the ends. You also get to use the endless scrap pile of Silly Millies! Great presents for teachers, grandparents and friends! You will be sent home with 1 or 2 pens and instructions for baking!!

Thursday, 2/24 6:30-8:30pm
CEC-Art Room \$34



Bead & Button Making

Ages 5 and up

Learn several new polymer clay techniques that you can apply to bead and button making. Learn how to poke the perfect hole including drilling through baked beads. Experiment with millefiore technique, foils, glitter and Pearl-Ex. Also learn some interesting shapes you never thought possible. No previous experience necessary. You get to bring home approximately 20 beads or buttons with instructions for baking!

Saturday, 2/12 10am-12pm
CEC-Art Room \$34

Valentine Cookie Decorating

Ages 4 and up

Come and decorate your favorite Valentine Cookies! Enjoy decorating two dozen cookies that you get to take home after class. Everything is supplied: all you have to do is decorate those cookies! Children under 10 must be accompanied by an adult.

Tuesday, 2/8 6-7:15pm
CEC-Art Room \$14
Instructor: Patty Peterson

Kids' Cake Decorating Class

Ages 4 and up

Kids, decorate your own 8" cake and 6 cupcakes – however you wish! (Maybe even for mom for Mother's Day!) Ages 10 and under need parent to help.

Tuesday, 5/3 6-7pm
CEC-Art Room \$19
Instructor: Patty Peterson



To register, pick up 2010-11 registration materials at any elementary school or at Community Education, 420 Central Avenue North, New Prague, or call 952-758-1735 or visit www.np.k12.mn.us/commed/kidsco.

NEW PRAGUE AREA SCHOOL AGE CHILD CARE

New Prague Area Schools, Grades K-5: Kids' Company is New Prague Area Community Education's before- and after-school child care program. Each program site operates 6:30–9 a.m. and 3:45–6 p.m. all days that school is in session. Cost is \$4.30/hour; plus registration fee.

Remaining Non-School Day Opportunities (sites vary)

- January 27 & 28
- March 11
- May 13 (if not used for snow day make-up)

Offered at all three locations:

- Eagle View Elementary** (Elko New Market)
- Falcon Ridge Elementary** (New Prague)
- Raven Stream Elementary** (New Prague)



From Homeward Bound Theater

NEW!

Where the Wild Things Are

Grades K-3

Creative dramatics and movement with fun and focus; theatre games; and pantomime. Learn elements of theatre. Develop individual imagination and group cooperation acting out of children's literature. "Cups for Sale", "Three Billy Goats Gruff", "Goldilocks and the Three Bears", "The Three Little Pigs" and Maurice Sendak's "Where the Wild Things Are". *Students should report to Kids' Company until class begins; registration for Kids' Company not necessary for this purpose. Bring a snack to eat before class begins.*

Session A:

Thursdays, 3/10-3/31 4-5:30 pm
EVE ECFE Classroom B118 \$49

Session B:

Mondays, 3/28-4/18 4-5:30 pm
FRE Room 133 \$49

Basic Acting

9th Grade - Adults

No need to worry about the "how to" of theatre. Whether interested in Broadway or Community Theatre, you will learn the basics of becoming a good actor or actress through character dynamics, acting and auditioning techniques. Imagination games and theatre exercises will help you discover parts of your personality rarely explored. No acting experience required!

Saturdays,

3/19 & 3/26 10:45 am-12:45 pm
CEC Room 151 \$49

The Sneetches

Grades 3-5

Learn the basics of acting and theatre: movement, vocal articulation and enunciation, breathing techniques, the mirror game, pantomime, conflict resolution, character development, monologue, dialogue and group dynamics. With focus on the natural ability of children to pretend, we will play out children's literature such as "Dr. Seuss", "Stone Soup" and other favorite stories as well as creating our own improvisation plays. *Students should report to Kids' Company until class begins; registration for Kids' Company not necessary for this purpose. Bring a snack to eat before class begins.*

Session A:

Tuesdays, 2/1-2/22 4-5:30 pm
EVE Room B205 \$49

Session B:

Tuesdays, 3/29-4/19 4-5:30 pm
RSE Music Room \$49

Beginning Acting

Grades 6-8

No need to worry about the "How To" of theatre. The adventure of character dynamics, costuming, basic acting, and auditioning will be shared through authentic theatre games and exercises. We'll perform a small play at the end of the class session.

Saturdays, 3/19-4/2 9-10:30 am
CEC Room 151 \$44

Youth Enrichment League



**Lego Machines:
Wheels & Racers**

Grades 1-5

Build racecars and an inclined conveyor belt. Design your own land yacht and winch. Students will learn the difference between single and separate axles as well as how to build faster and more efficient vehicles. Each class, students are given a different project to build, test and modify. This class is as fun as it is inventive! Please visit www.youthenrichmentleague.com for more details. *Students should report to Kids' Company until class begins; registration for Kids' Company not necessary for this purpose. Bring a snack to eat before class begins.*

Session A:

Tuesdays, 2/1-3/8 4-5pm
Eagle View-Art Room \$59

Session B:

Mondays, 1/31-3/14 4-5pm
Skip 2/21 Falcon Ridge-Classroom 140 \$59

Session C:

Mondays, 3/21-5/2 4-5pm
Skip 4/25 Raven Stream-Art Room \$59

Lego Machine: Pulleys

Grades 1-4

New and returning students welcome! Build a crane, a conveyor belt, a boat winch and much more! Each class, students build a different project while learning about fixed pulleys, compound pulleys, and block and tackle mechanisms. Are you up to the challenge? *Students should report to Kids' Company until class begins; registration for Kids' Company not necessary for this purpose. Bring a snack to eat before class begins.*

Session D:

Tuesdays, 3/15-4/19 4-5pm
Eagle View-Art Room \$59

Tiger Rock Tae Kwon Do

Tiger Rock Tae Kwon Do offers traditional Tae Kwon Do lessons for kids and adults. Benefits include, focus, self-discipline, self-confidence, self-control, increased fitness and FUN! Ken Sawatzke's Tiger Rock TaeKwonDo Academy is a licensed member of the MAIA/ITA.

Regular Session

Mondays & Thursdays, 1/6-4/18
Skip 1/17, 1/27, 2/21, 3/17, 3/21
Starts Thursday, 1/6

Tiger Cubs, Ages 4-5: 5:30-6pm
Juniors, Ages 6-9: 6:15-7pm
Juniors & Adults,
Ages 10 and up: 7:15-8pm

CEC-Community Ed \$159
Instructor: Ken Sawatzke

Spring Interim Session

Mondays & Thursdays, 5/2-6/6
Skip 5/30

Tiger Cubs, Ages 4-5: 5:30-6pm
Juniors, Ages 6-9: 6:15-7pm
Juniors & Adults,
Ages 10 and up: 7:15-8pm

CEC-Community Ed \$65
Instructor: Ken Sawatzke

Children's Self-Defense

Children build a sense of empowerment and confidence, as they develop physical fitness and self-discipline. Participants learn how to recognize dangerous situations, defend themselves in those situations, and make emergency notifications. Register on the date specified below.

Session I:

Drop-in registration for Falcon Ridge and Raven Stream students is Monday, February 7, 4-4:45pm at Falcon Ridge Multipurpose Room.

Mondays, 2/14-5/16 4-4:45pm
Skip 2/21, 4/25
\$4 registration plus \$6 per week

Session II:

Drop-in registration for Eagle View students is Friday, February 4, 4-4:45 pm at Eagle View Gym.

Fridays, 2/11-5/20 4-4:45pm
Skip 3/11, 4/22, 5/13
\$4 registration plus \$6 per week

Instructor: Jeff Wood, All-American Youth Program Staff



Fishing Clinic for Kids - Facts & Fun!

Boys & Girls, Ages 5-12

Back by popular demand, this annual seminar is sponsored and run by the New Prague Sportsman's Club members. Parents are more than welcome to come and stay with their boys or girls throughout the event. Kids will learn fishing techniques, rules and regulations, safe fishing practices, types of tackle, and a lot of "tips" and other good information from these "semi-professionals." You may see a demonstration of fish cleaning techniques and a surprise or two, as well. Stay after the main seminar to try your hand at the Casting Kids Contest. A lunch is provided, and each child receives a free "grab bag" of fishing tackle. *You must pre-register by Wednesday, February 9, directly with Gene Palma at 952-758-4039.*

Saturday, 2/19 8am-2:30pm
CEC-Gym FREE
(but must preregister - see above)

Jazz Funk

Ages 7-12

Jazz funk-jazz meets danceline! Students will learn cool jazz moves, intertwined with danceline fun, to the music of today's most popular artists. All moves and music are age appropriate. Dancers will show family and friends a short routine on the last day. Please wear comfortable clothing and tennis shoes and bring a water bottle to class.

Tuesdays, 4/5-4/26 6:30-7:30pm
CEC-Gym \$40
Instructor: Select Dance Academy



Star Wars Miniatures: Learn the Game

Grades 1-5

The Jedi Order calls you to learn the Force and take on the Empire. If you're interested in learning how to play Star Wars Miniatures, join the Jedi Order today. We'll learn how the game is played, and we'll have some mini-battles. Each child receives a Star Wars Miniatures starter set, which includes a rule book, cards, map, dice, and six miniatures. Parents are welcome to stay and learn.

Saturdays, 2/5-2/12 9-11 am
Falcon Ridge \$19
Instructors: Scott & Greg Friendshuh

Star Wars Miniatures: Open Play

Grades 1-5

For those who know the game, come join others and battle. Each child receives a Star Wars Miniatures booster pack. Attend some, or all, of the seven scheduled sessions for one low fee (sorry, no prorating). Bring a snack, if you think you'll get hungry. Parents are welcome to stay and play.

Saturdays, 2/19-4/9 9-11 am
Skip 3/12
Falcon Ridge \$39
Instructors: Scott & Greg Friendshuh

Cheer America

Ages 5-15

This class is designed to teach children popular cheers and pompom routines. A variety of routines will be learned. The students also improve their physical fitness, coordination, cooperation with others, flexibility and self-esteem. For more information about Cheer America or to register by phone, contact Jeff Wood at 952-997-7732.

Drop-in Registration is Saturday, February 5, 10-10:45 at Falcon Ridge Multipurpose Room.

Saturdays, 2/12-6/4
Skip 2/19, 3/12, 4/23, 5/14, 5/28
Ages 5-7: 10-10:45am
Ages 8 and Up: 11-11:45am
Falcon Ridge-Multipurpose Room
\$4 registration plus \$6 per week

New Prague Trojan Youth Players' Clinic

This clinic will be run by the New Prague Trojan HS coaching staff and players. Participants will get individual and small group instruction in: stretching, throwing mechanics, hitting mechanics, pitching mechanics, base running and fielding fundamentals. This will be a great way to prepare for the upcoming baseball season. Check out our website for updates and other Trojan Baseball information: www.nptrojanbaseball.com or contact Tom Wetschka, New Prague Trojan Head Baseball Coach at (952)758-1240.

Saturday, 3/19

Session A, Grades K-1: 9-10:15am
 Session B, Grades 2-3: 10:30-11:45am
 Session C, Grades 4-5: 12-1:30pm
 Session D, Grades 6-8: 1:45-3:15pm

NPHS-Gym \$20

New Prague Trojan Baseball 2011

Youth Baseball Night

**Friday, May 6
Trojans vs. Red Wing**

**7pm - Memorial Field in
New Prague**

All youth players invited:
(NPYBA, DRS Community Teams,
Community Ed players, etc.)

Spend a night at the ballpark!!

- Dollar Dog Night!
- Wear your baseball jersey or team shirt to the game.
- Prize drawings between innings.
- Youth players invited on the field for the National Anthem before the game, and can run the bases after the game.
- Show "YOUR TROJAN BASEBALL PRIDE"!

New Prague Trojan Youth Coaches' Clinic

This clinic will be provided for anyone interested or planning on coaching youth baseball this summer. If you are a part of Community Education, New Prague Youth Baseball Association, DRS youth baseball or an interested parent, this clinic is for you. Fundamental baseball skills will be reviewed and demonstrated. Participants will receive a Trojan Baseball coaching packet with Trojan Fundamentals and will learn specific drills and other resources youth coaches will use this summer. For more information, visit: www.nptrojanbaseball.com. Register with Community Ed., so we can plan for number of participants. Walk-ups also welcome.

Tuesday, 4/5 6:30-8:30pm
 FREE (please pre-register) NPHS-Gym
 Instructors: Tom Wetschka, New Prague NPHS Head Baseball Coach; Rick Bell, New Prague NPHS Associate Head Baseball Coach; Trojan NPHS Baseball Players and Staff

Community Education Youth Clinic

This clinic is for all tball/baseball/softball coaches and players participating in Community Education's Summer Evening Ball program. Trojan fundamental baseball skills will be reviewed and demonstrated. This will be a clinic format for players. Coaches will be encouraged to participate and learn the Trojan Fundamental Skill base designed by the NPHS Coaching Staff.

Saturday, 5/7 9am-1pm FREE
 NPHS-Ball Fields (gym if raining)
 Instructors: Tom Wetschka, New Prague NPHS Head Baseball Coach; Rick Bell, New Prague NPHS Associate Head Baseball Coach; Trojan NPHS Baseball Players and Staff

New Prague

Youth Baseball Association

Parent Information/Registration Night

Parents interested in learning more about the New Prague Youth Baseball Association and traveling baseball are encouraged to attend. Parents registering a player with the NPYBA are required to attend. Teams will be formed for ages 10U-16U. Teams participate in the Metro Baseball League. All teams play a league schedule, 2-3 tournaments, MBL playoffs and can qualify for the MBL and other State Tournaments. All teams are instructed using the Trojan Baseball Skill and Development model emphasizing: fundamental skills, player development, competitive play and sportsmanship.

For more information and registration materials, visit: www.npyba.com or email newpraguebaseball@gmail.com.

Wednesday, 3/16 7-8pm
 NPHS-Commons

Try Out & Placement Day

Try-outs and placements will be held for the New Prague Youth Baseball Association. Players will be evaluated in four skill areas: hitting, throwing, fielding and running. Players will be placed on age and skill appropriate teams that participate in the Metro Baseball League. Visit: www.npyba.com for more information or email newpraguebaseball@gmail.com.

Saturday, 3/26 10am-6pm
 NPHS-Gym

New Prague Girls' Fastpitch Windmill Pitching Basics

Ages 9-11

Girls that are interested in learning the basics of the windmill pitch, for the great game of fastpitch softball, this clinic is for you. The emphasis will be on the proper mechanics of the windmill pitch per ASA rules. Parents are encouraged to attend as well, to catch for your aspiring pitcher. Qualified pitching coaches and Varsity Pitchers will instruct the girls as a group and individually. Bring your softball glove and tennis shoes. Each pitcher will receive a softball for participating. Space is limited to the first 24 that register.

Saturdays 4/2-4/16 9-10:30am CEC-Gym \$15 Instructor: Jim Wagner

Montgomery-Lonsdale Pool

WINTER/SPRING 2011

January 16 - May 7



Lessons

Water Babies

10-10:45 am March 26-April 23
\$30/35 (in/out)

Tadpoles

9-9:45 am Feb 5- March 12
\$30/35 (in/out)

Little Swimmers

10-10:45 am Feb 5 -March 12
\$30/35 (in/out)

Red Cross Levels 1&2

9-10 am March 19- May 7
\$35/\$45 (in/out)

Open Swim

Mondays & Thursdays, Jan 17-May 3
6:30-8pm

Free Swim—End of Season

Saturday May 7 1-3 pm

Aqua Exercise

5:30-6:30 pm

Mondays & Thursdays Jan 17-Feb 10

Mondays March 14-April 18

Dollar Sundays!

Swimming fun for the whole family.
Use this get-a-way for fitness and fun.
Pay at the door.

Sundays 1-4 pm Jan 16- May 1
MLHS Swimming Pool
\$1 per person in district/
\$2 out of district. Pay at the pool.

Pool/Party Rental

\$20 for ½ hour of pool time for up to 40 swimmers during non-scheduled pool hours. We can arrange tables, etc for cake and gift time. Must be arranged at least 2 weeks prior to event. Additional fees for more swimmers, more time, or other options. Call and arrange with the ML Comm Ed office at 507-364-8107.

Special Pool Events

\$3 each; NO passes; pay at pool

PADI Open Water Diver Certification

You will complete five pool dives, and four open water dives along with knowledge development session. Minimum age 10. Forms and medical questionnaire must be completed before class. Includes all equipment and tanks. Additional diving schedule will be made out the first night.

Register with Montgomery-Lonsdale.

Saturday 3/5 1-4pm

ML High School:

ML Swimming Pool \$355

Certified Instructor: Timothy Tulloch

Early Bird Lap

6-7:15 am

Wed and Fridays Jan 19-May 6

8-9 am

Saturdays Jan 22-May 7

Swimming Boot Camp

Ages 16 & up

Total body conditioning in a 60 minute class that promises to challenge you with 20 minutes each of cardio, strength and core training. You will improve your balance, endurance and coordination. This class promises to be fun and challenging. People taking this class had great success last year - so find friends and get fit!! Basic swimming skills helpful. *Register with Montgomery-Lonsdale.*

Wednesdays 7-8 pm

March 9-April 13 \$40

Pool Closed

April 22, 24-26 for Easter/Spring Break

Valentine Teen Night

Grades 5 and up

Friday, Feb 11 6:30 -8 pm

Daddy and Me Swim

Ages 8 and Under

Saturday, Feb 26 3:30-5 pm

St Patrick's Swim

Wear Green, Grades K-4

Friday, March 18 6:30-8 pm

April Fool Swim

Grades 5 and up

Friday, April 1 6:30-8 pm

Montgomery Pool 507-364-8106

101 Second St. NE, Montgomery MN

Montgomery Comm. Ed. 507-364-8107

www.montlonsdale.k12.mn.us

Find us on Facebook!

Slow Cooking in a Crock Pot

NEW!

In this class, we will share a light supper, as well as prepare a meal to slow cook the next day for your supper at home. We will explore different ways that your slow cooker can be used for more than soups and roasts. Please bring your slow cooker with you to class.

Monday 1/24 6-8pm
NPHS Foods Room 251 \$24

Kolaches

NEW!

There are different recipes of Kolaches, some are bread like, some are pastry like and others are more like a cookie. All come from Europe, and all are filled with yummy preserves. Come make some Kolaches and enjoy the rich tastes of one of our popular treats in New Prague!

Saturday 2/26 7:30-10:30am
NPHS Foods Room 251 \$19

Heather Novak is a Community Health Educator, stay-at-home mom for 9 years, and is interested in gardening and the outdoors, nutrition and whole foods, healthy and balanced living. She has her BS in Health.

Learn to Sell Like a Pro on eBay



The best way to ensure you receive top dollar for the items you sell on eBay, is to learn from a Pro! Joel Karsten, is one of the top three "Certified eBay Education Specialists" in the country, with vast experience having listed over 700,000 items on eBay. The class begins with the basics of how to set up accounts and covers every subject required to become a successful eBay seller, including: safety, pricing, photography, titles, descriptions, policies, shipping, returns, feedback and selling strategies. Even experienced sellers will learn many new skills to help them understand how eBay's new "best match" search system operates and how it will improve their eBay sales. A detailed workbook, printed by eBay Press, is included for each student and is very helpful as a step-by-step guide for reference after the class. Basic computer knowledge is helpful; however students WILL NOT be working on computers during the class.

Monday 2/28 6:30-9:30pm
CEC-Community Ed \$50 (includes workbook)
Instructor: Joel Karsten

Wine Making and Tasting

NEW!

Discover the tricks to making great wine at home for yourself or to give as a fabulous gift with that uniquely personal touch. Learn the step-by-step process to make wine from fresh fruits, fruit juices and kit wines from around the world, as well as bottling and labeling techniques. We will put together a kit wine, and then we'll prepare fruits and "balance" the juice so it's ready for the fermentation step. You will also have the opportunity to taste several of Beth's wines. Because alcohol will be available, participants must be at least 21 years old. Bring an ID to confirm.

Beth has developed a passion for home winemaking. She enjoys experimenting with organics and fresh fruit harvests as well as taking advantage of all the wonderful wine kits that have become available in recent years. Beth has taught home winemaking through several area adult community education programs as well as at the 2009 WinePress U.S. WineFest in St. Paul, Minnesota. Beth has made over 1,200 bottles at home from fresh fruits, fruit juices, and wine kits. She entered several wines at the 2009 and 2010 Minnesota State Fairs and was thrilled to bring home some ribbons.



Thursday, 2/24 6:30-9pm \$34
Chameleon Coffee, 408 Main Street West, New Prague
Instructor: Beth Mikulay

Investments 101

This course discusses principles for managing investment instruments, such as stocks, bonds, mutual funds, and more. In-depth retirement planning strategies will be explained. The curriculum will cover asset allocation, diversification, investment fees and costs, risk management, institutional investing, time value of money, and using brokers or online trading platforms. Upon completion, the student will understand how to build an investment portfolio and make good decisions when managing personal funds.

Monday 3/7 6:30-9pm
CEC-Community Ed \$10



BIO Daniel Bishop

Dan has been a Financial Advisor in the Wealth Management Group at Wells Fargo Investments, LLC for the past eight years. He graduated Summa Cum Laude from the University of St. Thomas with a BA in Finance and a BA in Economics. He is Vice President of the New Prague Utilities Commission, past President of the Rotary Club of New Prague, member of the New Prague Chamber of Commerce, and Board Member of the New Prague Area Education Foundation.

NP Adult Open Volleyball

Men & Women, ages 18 and up

Adults of all ages are invited to join us for a night of volleyball. This program is designed for the experienced power volleyball player. Come team up every week for several games of competitive volleyball. Come & play as often as you like—teams are formed each evening of play. Low-stress, no “cut-throat” play, and no long-term commitment to a league. No pre-registration necessary; pay coordinator at site. Call Owen Sullivan at 612-709-2445 with questions.

Wednesdays, 9/15-4/27 7:15-10pm
Skip: 1/26
NPMS Gym \$3/time or \$45/season



55 Fit - Yoga for Seniors

Join us to learn breathing techniques and some gentle stretches. We will focus on basic poses that increase flexibility and keep your joints limber and active. Wear comfortable clothes and bring a yoga mat and water bottle. We will be using chairs to aide in some of our poses. No experience needed.

Thursdays, 2/3-4/7 10-11am
CEC-Community Ed \$69
Instructor: Patti Opsahl

BIO Patti Opsahl

Patti Opsahl is a Registered Yoga Alliance instructor. She completed her 200-hour RYT training at Green Lotus Yoga and Healing Center in Lakeville. Patti is trained to teach all levels of Hatha Yoga including Gentle, Yin, and Flow.

TLP YOGA Eagle View Elementary, New Market

Gentle Yoga for Stress Reduction

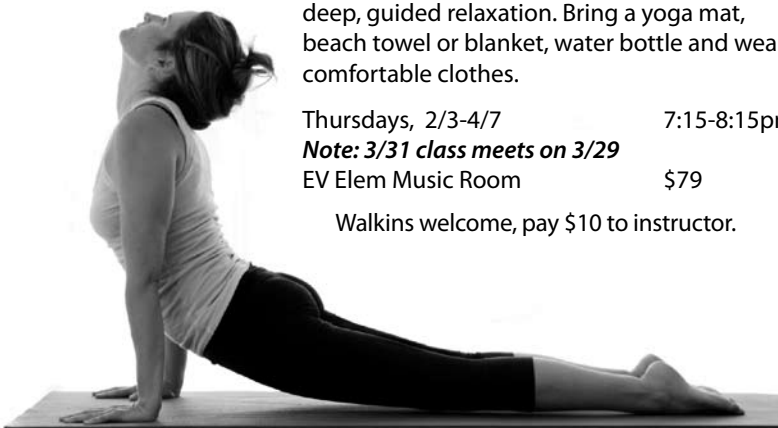
This yoga class is for everyone—all sizes, ages, and fitness levels. We will start at the very basics of yoga. We will practice breathing techniques, develop a stronger core, and gain flexibility, balance, and relaxation. We will learn to awaken the spine and find stability in the joints. We will be mindful of linking our breath to our movements. Each class ends with a deep, guided relaxation. Bring a yoga mat, beach towel or blanket, water bottle and wear comfortable clothes.

Thursdays, 2/3-4/7 7:15-8:15pm

Note: 3/31 class meets on 3/29

EV Elem Music Room \$79

Walkins welcome, pay \$10 to instructor.



Power Yoga for Strength

You'll break a sweat and release toxins in this flow-based yoga class. This one-hour power class helps develop flexibility and stamina, strengthen the core, and improve alignment. Come to find your mental and physical edge. Includes core strengthening poses that sculpt the mid-section and add fluidity to the spine for injury prevention and deeply freeing hip and shoulder opening postures to counteract the ill effects of tension in the body. Each class ends with a deep, guided relaxation. Bring a yoga mat, beach towel or blanket, water bottle and wear comfortable clothes.

Thursdays, 2/3-4/7 6-7pm Walkins welcome, pay \$10 to instructor.

Note: 3/31 class meets on 3/29

EV Elem Music Room \$79

Yoga After Work

Take care of yourself while maximizing your time... Start your evening off right by learning a contemporary approach to an age old discipline. Discover how to quiet the mind while increasing energy and concentration. Improve overall well-being. You will learn basic yoga poses and safe strengthening and stretching exercises, along with balance postures. No experience necessary, appropriate for all ages. Bring a yoga mat, beach towel or blanket, water bottle and wear comfortable clothes.

Thursdays, 2/3-4/7 4:30-5:30pm

Note: 3/31 class meets on 3/29

EV Elem Music Room \$79

Walkins welcome, pay \$10 to instructor.

BIO TLP Yoga

Tender Loving Practice “TLP” Yoga includes three instructors: Tracee Jenkins, Lori Williams, and Patti Opsahl. All three are Registered Yoga Alliance instructors, trained to teach all levels of Hatha Yoga, including Gentle, Slow Flow, Power, Yin, and Yoga for Seniors, Intermediate, and Advanced. They are passionate about sharing the benefits of yoga with the community and enjoy helping students discover their own mind-body-spirit connection.



Nordic Walking for Fitness and Health

Nordic Walk your body into total fitness. Perhaps you've been sidelined by aches and pains or you're just looking for a new fitness program that you control, this just may be the right activity for you. It only requires specially designed poles, a little instruction and a pair of tennis shoes. Nordic Walking uses 90% of your muscles compared to 60% when you walk without poles. You burn more calories while improving muscle tone, posture and range of motion in your neck and shoulders along with a cardio workout, all this in the great outdoors, enjoying nature! However, you can Nordic Walk anywhere, even indoors. Demo poles are provided. Class will be held indoors in case of foul weather. Poles available for purchase after class.

Tuesday, 4/26 6:30-8pm \$19
 HS Staff Parking Lot (Middle School Hallway in case of rain)
 Instructor: Rhea Kontos

Hall Walking

New Prague Area Schools
Monday - Friday School Days

New Prague High School
 Times: 6:30-7:30 am and evenings when no sports events are hosted.

Falcon Ridge Elementary (New Prague)
 Times: 6:30-8am and 4:30-8pm

Raven Stream Elementary (New Prague)
 Times: 6:30-7:30am and 5-6pm

Eagle View Elementary (Elko New Market)
 Times: 6:30-7:30am and 5-6pm



Zumba

It's here! An exciting new workout that's sweeping the nation! This dance fitness class fuses Latin rhythms with easy to follow moves and fun music. It is a dynamic total body cardio workout. Come join the party! Bring a water bottle to class and prepare to have FUN! Drop-ins welcome!! Pay \$10/session cash or check made out to NPCE at the door.

Session 1:
 Wednesdays, 1/19-3/23 6-7pm
 CEC-Gym \$80

Session 2:
 Mondays, 2/28-5/23 6-7pm
 (Skip 3/28, 4/25)
 CEC-Gym \$88

Session 3:
 Wednesdays, 4/6-6/8 6-7pm
 CEC-Gym \$80

Instructor: Denise Thompson



Brain Gym for Adults

Brain Gym, used worldwide, offers a menu of simple, enjoyable movements developed to improve focus, organization and communication, with a goal to reduce stress and ease daily challenges. No stress? (WOW!) You may not need Brain Gym... but those of us who seek ways to maximize potential, while minimizing stress, would do well to take advantage of Brain Gym's gifts. *Benilee Luce, Masters of Music Education, New Prague music teacher for thirty years; licensed Brain Gym consultant since 2005.* Please wear comfortable clothing for movement and bring your desire to have fun!

Thursdays, 2/3-2/24 6-8pm
 Skip 2/17
 Raven Stream-Music Room \$20
 Instructor: Benilee Luce

Adult Open Basketball

Join other community members for some exercise and friendly competition through open basketball. Teams are formed each day for informal games. Sessions available most Tuesdays, Wednesdays, and Fridays, 6-7:30 am and Wednesday evenings 8-10 pm. Check out www.nphoops.com for schedules and locations. Skip dates: 1/25



BIO Denise Thompson

Denise is a licensed ZUMBA instructor and has completed Basic 1 and Basic 2, along with a specialty license ZUMBA GOLD, and is currently a member of the ZUMBA Instructor network. In addition, she graduated Phi Theta Kappa from Dakota County Technical College with certificates in Geriatric Health and Fitness, Group Fitness and Personal Training, and holds a certificate in Group Fitness with National Exercise Trainers Association (NETA).

Down Under Longarm Machine Quilting Studio Classes

All held at Down Under Studio, 1111 12th St. SE, New Prague MN 56071

Taught by owner Anne Tuma Ph: 952 758 7605, Email: downunderquilting@gmail.com

Visit our website at www.downunderquilting.com to view photo samples of the quilts listed below.

Call instructor Anne Tuma for a supply list at 952-758-7605.



Quilting Class for Beginner/Intermediate

Anne will help you, from start to finish, to create a keepsake quilt top. Classes are small, to provide maximum attention to each student.

You will have a choice of three patterns:

1. Take 5 - a fun quilt using 5 fabrics
2. Triple Treat - 15 fabrics make this quick and easy quilt
3. Down Under Star - must have taken a previous quilting class; this quilt uses 20 different fabrics

Information online at www.downunderquilting.com.

Once you have selected a quilt and registered, Anne will mail you a supply list and assist you with the fabric choices.

Class requirements: 45mm or larger rotary cutter, sewing machine in good working order, 1/4 inch sewing machine foot guide is advisable. Rulers and cutting boards are supplied by the instructor.

Session A:
Mondays, 1/31-2/7 9am-2pm \$45

Session B:
Friday & Saturday, 3/11 6-10pm \$45
3/12 9am-5pm

Open Quilting/Sewing

Need somewhere to get all your quilting projects either started or completed?? Escape the winter and come to Down Under Quilting Studio and be motivated to get some serious sewing and quilting done! Down Under Longarm Quilting Studio, 1111 12th Street SE, New Prague, MN 56071

Fridays, 3/4-3/25 9am-3pm \$40

Easter Crazy Chicken "Loco Pollo"

Come and make two of these adorable little chickens...one for you and one to give away! Class fee includes ALL supplies: a selection of quilted fabric, beak fabric, wool for comb and tail, stuffing, pattern and instruction to make TWO chickens. Please bring your sewing machine, scissors, needle and thread.

Tuesday, 4/5 7-9pm \$45

T-shirt Quilt (at right)

Create and design an approximately 72" x 88" keepsake T-shirt quilt top by digging out 20 of your favorite t-shirts. T-shirt quilts are a fabulous way of preserving special memories from your favorite vacation, sports, school years and plays. They make great gifts for Christmas, Birthdays and Graduations. This is a class for anyone - no quilting experience needed, but must have access to a sewing machine. Class size is limited, to provide maximum attention to each student. To see samples of t-shirt quilts, please visit www.downunderquilting.com. Materials to bring to first week of class - 20 t-shirts, washed using no fabric softener or dryer sheets, a sharp pair of scissors. (If you have a rotary cutter, please bring also).

Thursdays, 2/17-3/10 7-9pm \$45

Quilt Binding Class

So you have your quilt pieced and quilted...what next?? You need to bind it! This class will teach you how to correctly sew on binding and hand stitch it under. Class includes practice fabric for an 8 x 8 square, or you may bring your quilted quilt. Materials required: sewing machine, 1/4 inch sewing machine foot guide is advisable, 45mm or larger rotary cutter. Rulers and cutting boards supplied by instructor.

Tuesday, 3/29 7-9pm \$15





Dog Obedience Training:

Basic

All breeds, 4 months+

Does your dog take you for a walk? Dog trainer Mandy Meyer covers topics like sit, down, stay, heel, come when called; behavior topics including jumping, digging, nipping, chasing, leave it; and health topics. Bring proof of three required vaccinations first night: Rabies, Distemper/Parvo Combination and Bordatella. Training equipment can be purchased at the first night of class. Open to owners 15 years or older. Children 12-14 years of age are welcome to team train with an adult. The first night of class pooch stays home.

Mondays, 4/18-5/23 6-7:15pm
 First Meeting at CEC-Community Ed (no dogs); All Other Meetings at CEC-North Parking Lot (with dogs) \$78

Dog Obedience Training:

Intermediate

All breeds, 8 months+

Prerequisite: Basic at any dog school.

This fun, fast-paced class will help ensure that your favorite companion can be a respected member of the community. We'll cover reaction to distractions, reactions to other dogs, walking through a crowd, coming when called, stays of longer duration and with greater distractions and stand stays. Intermediate behavior and health topics will be covered. Bring proof of three required vaccinations first night: Rabies, Distemper/Parvo Combination and Bordatell. Bring your dog to the first class.

Mondays, 4/18-5/23 7:15-8:30pm
 CEC-North Parking Lot \$78



Straw Bale Gardening

Breaking New Ground!

If you thought the only place to grow healthy crops was in black dirt, you must attend this class. You will learn how to grow a bountiful garden without using herbicides, insecticides or fungicides, and without weeding. Learn how to plant a wide variety of vegetables, root crops, vine crops, fruit crops and even beautiful flower gardens, directly into your "conditioned" straw bales. You will never do the "heavy lifting" or bending over that is required with normal soil-based gardens again. Learn this revolutionary and easy gardening method to create a beautiful and productive garden, without lifting a shovel and without using dirt. Optional workbook available for \$5 at class.

Wednesday, 4/6
 6:30-9:30pm
 CEC-Community Ed
 \$34
 Instructor:
 Joel Karsten



**Basic
 Photography and
 Photoshop**
 See Adult Technology,
 Page 20



Homemade Cards

Come learn to make 12 different cards for various occasions, or just to cheer someone up. This class is for all levels of card makers. Kathy will show you fun techniques, such as stamping with clear stamps, distressing papers, inking, embossing, and sewing on cards. If you have a favorite pair of scissors and/or adhesive, please bring. Otherwise, the instructor will provide all materials and tools. All you have to do is sign up and have fun! Samples are available at the Community Ed. office. *Kathy Wilson is the mother of three boys, the inspiration for her creative hobbies. She is a professional home designer and a photography and scrapbooking hobbyist. She loves mentoring others in the creative arts.*

Valentines & More

Saturday, 1/22 9am-12pm

Just Because

Thursday, 2/24 6-9pm

Spring & Easter

Thursday, 3/24 6-9pm

Any Occasion

Thursday, 4/14 6-9pm

CEC-Community Ed \$25

Release Your Inner Artist

I could never paint, I can't even draw a straight line! Does that sound like you? Join me for a morning and I will teach you an easy method that anyone can do. You will go home with a completed oil painting. Bob Ross invented this technique so everyone could enjoy this art. So come and learn what the "Joy of Painting" is all about. All supplies are included.

Saturday, 5/7 9:30am-1pm (approx.)
 NPCEC Art Room \$49
 Instructor: Pam Forte

BIO Pam Forte

Pam has always enjoyed crafts, from crocheting, to making lariat baskets or painting. She dabbled in painting for a couple years before taking the Bob Ross training, and is now a Bob Ross Landscape instructor. She loves teaching people this easy method of oil painting.

Driver's Education Classroom Instruction

Community Education will offer the classroom portion of Driver's Education several times throughout the year. Classes will run 30 hours. Registration is announced at school and on our websites.

Session E: 3-6pm
1/31, 2/1, 2, 3, 4, 7, 8, 9, 10, 11

Session F: 6-9pm
3/7, 8, 10, 14, 15, 17, 21, 22, 24, 28

Session G: 7:30-10:30am
6/13, 14, 15, 16, 17, 20, 21, 22, 23, 24

Driver's Education Behind the Wheel

New Prague Area Schools offers Behind-the-Wheel instruction. Registration will be announced at school and online.

For more information:

New Prague Area Schools
Community Education: 952-758-1734
or ce.isd721.org

Turn off the TV

NEW!

Seriously? No TV for a whole week? Curious about why you might even consider a no-holds-barred effort to support TV Turn Off Week? 2011 dates are April 18-24 and September 18-24. Join us for a thoughtful discussion about this biannual national event and how it may impact your family. TV Turn Off Week is endorsed by the American Academy of Pediatrics, the National Education Association, and the American Medical Association.

Thursday, 4/7 6-8pm
CEC-Community Ed \$12
Instructor: Benilee Luce

Spanish Express

For those interested in learning phrases to communicate in Spanish with clients, employees, and co-workers, and for those interested in making new friends. Topics include breaking the language barrier, first encounters, weather, questions and answers, first responder, directions and transportation, customer services, and basic vocabulary. Perfect for medical, business, and managerial professionals, customer service representatives, realtors, teachers, travelers, or anyone wanting to begin learning the language. Participants receive a custom-made study guide, personalized vocabulary lists, and individual attention.

Saturday, 3/26 9am-12pm \$39
CEC-Community Ed Instructor: Kosa Staff

Adult Basic Education Services

GED® Preparation & Testing

General Education Development (GED®) is a self-paced program designed to help you study and prepare to take the GED test, which provides individuals who do not have a high school diploma the opportunity to earn a State of Minnesota GED Diploma. The GED includes five tests in the areas of Language Arts-Writing, Language Arts-Reading, Social Studies, Science, and Mathematics. You are eligible to take the tests if you are not enrolled in, and have not graduated from, high school. For Minnesota residents, the fee is \$100.

Free classes are offered in Chaska, Shakopee, and Waconia. You may also be eligible to take free classes online. Please call 952-403-7674 to schedule an appointment for a free assessment.

Testing Requirements in MN

- At least 19 years of age or an age waiver*
- Resident of Minnesota
- Minnesota driver's license, passport, or State ID card with picture, date, and place of residence

*Call 952-403-7690 for an age waiver.

English Language Classes

Information: 952-403-7674

Shakopee

Registration Tues. & Weds.
Classes Mon-Fri, 9am-12pm

Registration Mondays
Classes Mon, Tues & Thurs, 5:30-8:30pm

Valley Green Workforce Center
792 Canterbury Road

Chaska

Registration Weds., 12 pm
Classes Mon-Fri, 9 am-12 pm

District #112 Education Center
11 Peavey Road

Free Childcare provided

Intake on Wednesdays
Classes Mon, Wed & Thurs, 5:30-8:30 pm
Carver-Scott Educational Cooperative
401 East 4th Street

Jordan

Mon, Wed, Thurs, 5-8 pm
Jordan Elementary School
815 Sunset Drive
Childcare provided for minimal fee

Adult Basic Education services are offered through the Carver-Scott Educational Cooperative, District 930, in partnership with Community Education programs in the following districts:

District 108 Norwood Young America; District 110 Waconia; District 112 Chaska; District 277 Westonka; District 716 Belle Plaine; District 717 Jordan; District 719 Prior Lake-Savage; District 720 Shakopee; District 721 New Prague

District 930 Carver-Scott Educational Cooperative does not discriminate in admission to, access to, or operations of its programs, services, activities or employment on the basis of race, creed, religion, national origin, gender, sexual orientation, disability, age, marital status, or status with regard to public assistance.

BIO Kosa, Inc.

Kosa, Inc. owners, Jorge and Sandra Brenes, began the firm to build better understanding across the American and Hispanic immigrant cultures, through language, culture, sports, etc. Jorge Brenes is a native Costa Rican, with a BA in Education from the National University of Costa Rica. His wife Sandra Brenes, a native Minnesotan, has traveled extensively, immersing herself in the culture and language of Costa Rica. By combining their cultures, Jorge and Sandra have a simple, practical way to help you learn Spanish.

Facebook & Twitter for Everyone

NEW!

Social media, such as Facebook and Twitter, are changing the world - and you don't want to get left behind. Come find out the basics about social media and how it can be fun for you. Learn how to control what info you give and get and why everyone is using them to stay connected. See how easy it is to get connected and stay in touch with family and friends. Whether you are 30 or 60, you will find this interesting and useful, as you learn to use these programs that are now part of our everyday life.

Thursday, 3/10 6-7:30pm
CEC-Computer Lab \$9
Instructor: Amanda Franklin

Social Media Marketing for Small Business

NEW!

How can Facebook, Twitter, LinkedIn and YouTube be a part of your Organization/Business? Do you want a different way to communicate with a new audience? With 350 million users worldwide, Facebook is a fantastic way to add to your existing marketing plan. Learn how to use technology and social media to put your organization on a new level. Find out the benefits of these programs and why we need to incorporate them into business and marketing plans.

Thursday, 3/24 6-7:30pm
CEC-Community Ed \$19
Instructor: Amanda Franklin

BIO *Amanda Franklin*

After seven years in non-profit communications and marketing, Amanda Franklin ventured out on her own to start 3 Clicks Communications, a communications firm focusing on helping small businesses and organizations grow their presence in the ever changing world of social media. Amanda has experience in website development, brand strategies and business marketing and communications. A graduate of Montgomery-Lonsdale High School and the University of Minnesota, Amanda now resides in Maplewood with her husband and young daughter.

Basic Digital SLR Photography

In this basic class we will learn all the dial and menu settings on your camera and their purpose. We will cover the fundamentals of SLR photography, composition and accessories and how to achieve fantastic photographs. Bring your digital SLR camera and manual to class.

Wednesdays, 1/19-1/26 6-8pm
CEC-Community Ed \$45

Advanced Digital SLR Photography

If you know the basics of SLR photography but want to learn more, this advanced class is for you. You will learn how to use the advanced features of your digital SLR camera to create stunning photographs. Topics discussed include shutter speed, ISO/ASA settings, aperture control, white balance and more. Please bring your digital SLR camera and manual to class.

We will be going out to shoot and playing with the different settings.

Wednesdays, 2/2-2/16 6-8pm
CEC-Community Ed \$55

Basic Photoshop

Discover a great introduction to Photoshop, no knowledge of this image editing software is needed. We start with the name and function of the common tools. We will work with photos and how to crop images, control brightness/contrast, changing the image size and resolution. Learn how to save & print images, send as email attachments or compress images for webpages. Enhance digital or scanned photos with the use of layers, filters and palettes.

Mondays, 3/14-3/21 6-8pm
CEC-Community Ed \$55

Advanced Photoshop

This advanced Photoshop class is for you if you already know the basics but want to learn more. This class will take your photos to the next level. We will learn about masks, actions, templates, textures and so much more. We will be able to apply all this to your own photos.

Mondays, 4/4-4/18 6-8pm
CEC-Community Ed \$65

BIO *Amanda Bivens*

Amanda is the Owner of Bivens Photography located in New Prague, where she specializes in children, family, senior and wedding photography. She is an instructor with Minneapolis Public Schools teaching photography courses.



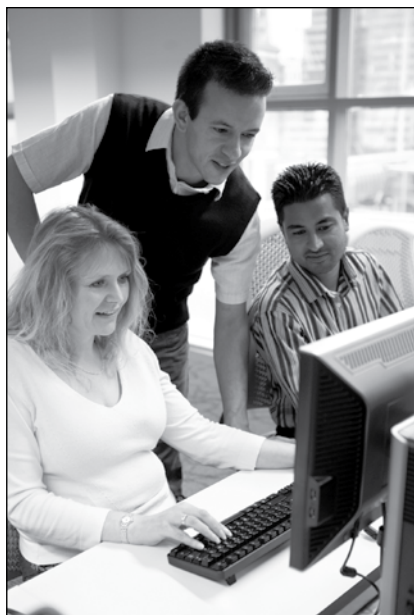
Build Your Own Website with Dreamweaver

Ever thought about designing your own website? Work with a professional website creator to create a website of your own in this hands-on class. In this class, you will learn the basics of HTML, then learn to construct a site using Dreamweaver. (Taught on PC's.)

Tuesdays, 4/5-4/26 6-8pm
NPCEC-Computer Lab \$69
Instructor: Eric Bivens

BIO *Eric Bivens*

Eric Bivens was a Dot Com Site Manager for a Fortune 100 Retailer for many years, before working for himself building and hosting websites. He has been in the web hosting and building business for over 10 years, using different technologies and languages such as SQL, VB Scripting, .Net, ASP, HTML, and XML. Today, he works primarily with Dreamweaver and has been teaching and using that application for over 5 years.



Please bring your own Flash Drive for all classes with Randy Althoff. Register with New Prague.

Computer 101 - Basics

New to the computing world, or just want to have a better understanding of how to use one? We will use Microsoft Windows XP to introduce the Start button, the task bar, the desktop, the keyboard and mouse. We will explore how to find and start software programs, and what menus, toolbars, tabs and galleries are all about. We'll learn the difference between the desktop, the hard drive, the D: drive, A: drive, etc. We'll discuss different file formats and different versions. We'll cover basic commands such as Print, Save, Save As, View and Insert, along with the built-in Help features. Time permitting, we'll discuss other operating systems, such as Windows 7, Vista and Mac OS X.

Tuesday, 2/1

BIO *Randy Althoff*

Randy has spent over 20 years as a teacher and principal at the elementary and middle school levels. He currently is the Training Specialist at a law firm in downtown Minneapolis.

All Classes on this page:

7-9:30 pm at CEC-Community Ed Computer Lab; \$30 each

Microsoft Excel 2007

Beginner

Learn the basics of using Microsoft Excel, the program standard for spreadsheet programs. Learn the terminology of spreadsheets. Create basic formulas, use the AutoSum button, understand relative vs. absolute values, use the AutoFill, AutoComplete and Autofit features. Learn to format cells, navigate & rename worksheets.

Tuesday, 2/8

Intermediate

Review and refine learning from beginning class of Microsoft Excel. We will learn more about formulas, create formulas using absolute values and data from other worksheets. We will explore sorting, freezing panes, page breaks & headers/footers. We will review many features of printing spreadsheets, using templates & hyperlinks.

Tuesday, 2/15

Advanced

Review and refine learning from previous class of Microsoft Excel. We will explore the many features of working with charts, including pie charts and bar charts. We will learn more advanced features of formatting cells and how to use conditional formatting. Time permitting, we will learn how to hide, add, move or delete rows and columns.

Tuesday, 2/22

Microsoft Word 2007

Beginner

Learn the basics of using Microsoft Word, the program standard for word processing programs. We will learn how to create and save documents, set tabs, work with the ruler and create a table. We will learn how to use the page setup features. We will learn to edit using fonts, sizes, and cut, copy and paste. We will learn how to use the find and replace feature, along with the spell checker.

Tuesday, 3/1

Intermediate

We will review and expand upon our knowledge of Microsoft Word. We will learn how to create and work with styles, and spend time exploring all the features of the table menu. We will learn to use headers & footers. We will learn additional features of the toolbars and additional formatting tips.

Tuesday, 3/8

Advanced

This class will teach how to complete a mail merge, from creating or using an existing data source, to printing and editing a final mail merged product. You will learn to merge letters, mailing labels and emails. We will create footnotes, endnotes, bookmarks, cross-references and an index in a document, as well. If time permits, we'll explore the use of the AutoCorrect and AutoText features.

Tuesday, 3/15

Please bring your own flash drive!





Geocaching

Geo Caching is all the rage! Think treasure hunt for the whole family. If you're looking for some guidance on how to get started, this is the class for you. In addition to learning how to hunt for caches, you will also create your own. We will meet by the gazebo at Ritter Farm Park in Lakeville. Please create a basic free membership account with www.geocaching.com, and download the cache locations for Ritter Farm Park (zip code 55044) prior to class. If you need help with this step, please indicate this on your registration, and the instructor will contact you prior to the event. Remember to bring your GPS unit and a pen with you, and be ready for the fun. Dress for the weather; class will be held rain or shine.

Saturday 4/30 9am-12pm
Ritter Farm Park, 19300 Ritter Trail, Lakeville

\$7/person, up to \$21/family
When registering, enter total fee on first participant and zero on all others.

Instructor: Thomas Hoppert

Yoga for Seniors

See Adult Fitness,
Page 15

Full descriptions online @ ce.isd721.org

Church Architecture Tours

Thursday, 1/20
Deadline: January 13
Departs New Prague CEC North
"Horseshoe" Parking Lot 8am; returns 2:40pm
\$45, includes tours and coach bus transportation (lunch on your own)

Sesame Street Live at Target Center

Friday, 1/21
Deadline: January 14
Departs Montgomery City Lot (Ash & 2nd St. NW) 8:20am; returns 2:45pm
\$22, includes transportation and show

Jeeves In Bloom at the Old Log Theatre

Thursday, 2/3
Deadline: January 28
Departs New Prague CEC North
"Horseshoe" Lot 10am; returns 4:30pm
\$57, incl. transportation, dinner, show

Old Log Theater – On Golden Pond

Thursday, 3/24
Deadline: March 14
Departs New Prague CEC north
"Horseshoe" Parking Lot 10:40am; returns 3:30pm
\$58 incl. transportation, dinner & show

Plymouth Playhouse – The Marvelous Wonderettes

Thursday, 4/7
Deadline: March 24
Departs New Prague CEC North
"Horseshoe" Parking Lot 10:10am; returns 3:30pm
\$63 incl. transportation, dinner & show

Jesus Christ Superstar!

Saturday, 4/16
Deadline: March 18
Departs New Prague CEC South Lot, 9 am; Returns 5:30 pm
\$85 includes show ticket, lunch and coach bus transportation

James Hill House, MN History Center, Wabasha Cave Tour

Wednesday 5/18
Deadline: May 4
Departs New Prague CEC North
"Horseshoe" Lot 8:30am; returns 4:30pm
\$55

Morgan Creek Vineyard & Schell's Brewery Tour

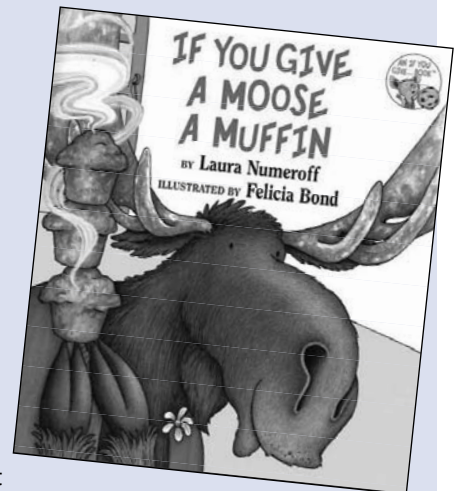
Friday, 6/3
Deadline: May 20
Lunch at the Kasierhoff Restaurant (on your own)
Depart New Prague CEC North Lot – 9:40 am; return approximately 6:20 pm
\$40 includes transportation & tours

Trip to the Stages Theatre

See description on page 5.
Space is limited; register early!

Thursday, February 10
8:30 am—1:00 pm
Bus will leave promptly at 8:45 and return at approximately 1 pm
\$10/person (recommended for 3 yr. olds & older)

Parent Tip: To help your child enjoy the play, try to read the book prior to our play date. It's available at most libraries. "If You Give a Moose a Muffin" by Laura Numeroff





How Does Your Garden Grow?

NEW!

Do you want to learn to garden, but have no idea where to start? We will talk about basic vegetable gardens, how to prepare, what to plant, when to plant and how to care for your garden. We will be planting the Community Garden Peace Center's plot and have hands on experience in gardening, so come prepared to get a bit dirty!

Heather Novak is a Community Health Educator, stay-at-home mom for 9 years, and is interested in gardening and the outdoors, nutrition and whole foods, healthy and balanced living. She has her BS in Health.

Thursday, 5/19 6-7:30pm
 CEC-Community Ed \$10
 Instructor: Heather Novak



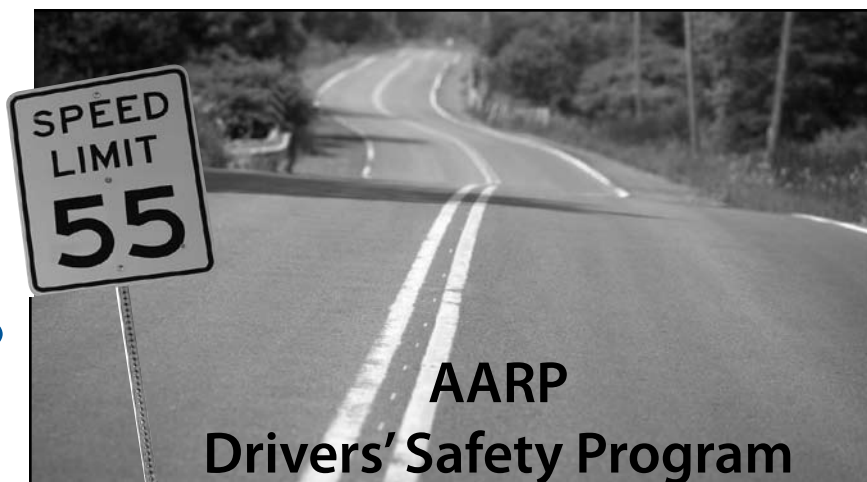
Soap Making: Cold Process Method

NEW!

Learn "cold process" soap making from a pro. Join Tony Thomson, of Heaven Scent Soaps, to make your first batch of homemade soap. Tony brings various organic ingredients and essential oils to help you customize your batch.

Tony Thomson is a member of the International Soap Makers Guild and currently has 32 soaps in retail stores and boutiques throughout the continental U.S. Before this, he was a corporate trainer for a hospitality company for 17 years and taught grades 1-3 in California.

Saturday, 4/9 9-11am
 CEC-Art Room \$44
 Instructor: Tony Thomson



AARP Drivers' Safety Program

55 Alive - Defensive Driving - 8 hour initial course

AARP Drivers' Safety Program is an innovative classroom retraining program that is designed to help improve skills. Minnesota State law requires all insurance companies to give a premium deduction to all persons 55 years of age and older who complete this accident prevention course. Persons who participate in the program may also qualify to become instructors. Please provide your AARP membership number, if you are a member. You do not have to be a member to take this class.

Monday & Wednesday, 4/4 and 4/6 6-10pm
 CEC-Community Ed \$18 for AARP members, \$21 non-members
 Instructor: Ben Bartusek

55 Alive - Refresher - 4 hour course

This is for people who have successfully completed the 8-hour course and need to renew their certification. You MUST have taken the 8-hour course previously to qualify. You can renew your certification every three years. Please indicate the session number on the registration form. Please provide your AARP membership number. You do not have to be a member to take the class.

Session 1: Tuesday, 1/25 1:30-5:30pm
 Session 2: Thursday, 2/3 5:30-9:30pm
 Session 3: Thursday, 3/24 1:30-5:30pm
 Session 4: Monday, 5/9 5:30-9:30pm
 CEC-Community Ed \$17 for AARP members; \$20 non-members
 Instructor: Ben Bartusek

Child Care/Foster Care Child Passenger Safety Certification

Did you know that nine out of ten car seats are incorrectly installed? Did you know that traffic-related crashes are the leading cause of death and injury for children? This certification course, geared toward child care providers, foster care parents and others who transport children on a regular basis, identifies the types of child passenger restraints, discusses safety issues involved in transporting children in your care and includes practical hands-on installation of various child passenger restraint systems (car seats). New and expecting parents are always welcome to attend.

Tuesdays, 6-9pm
 Session A - 1/18 Session B - 2/15 Session C - 3/15
 Session D - 4/19 Session E - 5/17
 New Prague EMS Center \$30 Instructor: Diane Hrabe



To register for Queen of Peace classes or support groups, call the Education Department at 952.758.8187/800.584.6667, ext. 5451 or register on-line by going to our website at www.queenofpeacehospital.com.

EMS Programs

EMS Offerings

Area EMS services (ambulance, rescue, fire and police) interested in setting up classes at their sites or at the hospital may call Mike Sanford, North Memorial EMS Education Coordinator, 763.520.1503. The following is a list of EMS programs offered through North Memorial Medical Center (New Prague Region-Queen of Peace Hospital):

- Advanced Cardiovascular Life Support (ACLS), Initial and Refresher
- EMT Basic, Initial and Refresher
- First Responder, Initial and Refresher
- Pediatric Advanced Life Support (PALS), Initial and Refresher

To register for North Memorial-New Prague Region EMS classes, call the EMS Education Department: 763.520.1503.

Healthcare Professionals

A number of accredited continuing education programs are available. Call for dates and times of monthly continuing education programs—952.758.8187 or 800.584.6667, ext. 5451. Accreditation is offered for:

- Physicians (American Academy of Family Physicians)
- Pharmacists (Minnesota Board of Pharmacy)
- Nurses (Minnesota Board of Nursing)
- Laboratory and Radiology Technologists (as it applies for licensure)
- Childcare Providers (as it applies for licensure)

Queen for a Day Women's Health Event

Give yourself the royal treatment by gathering your girlfriends for an uplifting day filled with laughter, relaxation and rejuvenation. Local experts will focus on the "Busy Woman's Guide to Fitness, Nutrition and Prevention" and discuss how to slow down and take care of yourself. Conclude this inspirational day by joining us for a gourmet lunch "fit for a queen". For more information or to register, contact the Queen of Peace Hospital Education Department at 952.758.8187.

Date: Saturday, February 26

Time: 8 a.m. – 1:30 p.m.

Place: Jameen Mape Conference Center,
Queen of Peace Hospital

Fee: \$39 per person (full breakfast & lunch included)

Nutrition

Jump Start Your Weight Loss!

Do you tend to make New Year's resolutions about losing weight and find that you don't follow through?

If so, this is the class for you. Learn new strategies for weight loss that can keep you on track to lose the pounds you've been struggling with. Join Mary Taylor, Queen of Peace Hospital Registered Dietitian, for an interactive evening of education and discussion that will give you the tools for a successful outcome.

Date: Thursday, January 20

Time: 7:00 – 8:30 p.m.

Place: Women's Health Center,
Queen of Peace Hospital

Fee: No charge

CPR Programs

CPR for Healthcare Providers

(Initial and Refresher)

This American Heart Association (AHA) course is designed to teach you how to respond to life-threatening emergencies such as cardiac arrest, respiratory arrest and foreign-body airway obstruction (FBAO). You will learn the skills of CPR for victims of all ages (including ventilation with barrier devices and bag-mask devices) and the use of an automated external defibrillator (AED). This class is a two year certification through AHA.

- Date:** Saturday, January 8 or April 9
- Times:** 8 a.m. – Noon (initial)
8:30 a.m. – Noon (refresher)
- Place:** Jameen Mape Conference Center,
Queen of Peace Hospital
- Fees:** \$55 per person for initial (includes CPR card)
\$45 per person for refresher (includes CPR card)
- Credit:** 4 hours for initial; 3.5 hours for refresher

Heartsaver CPR

(Infant/Child/Adult CPR and AED)

Designed to teach CPR, relief of foreign-body airway obstruction (FBAO) and automated external defibrillator (AED) use, this American Heart Association (AHA) course is for those who are expected to respond to emergencies in the workplace or home setting. Participants may include childcare providers, parents, teachers, security guards, firefighters, police and other lay responders. This class is a two year certification through AHA.

- Date:** Saturday, January 22 or April 30
- Time:** 8 a.m. – Noon
- Place:** Jameen Mape Conference Center,
Queen of Peace Hospital
- Fee:** \$55 per person (includes CPR card)
- Credit:** 4 hours

First Aid

Learn to recognize an emergency and what to do. This American Heart Association (AHA) course includes instruction on first aid basics, medical emergencies, injury emergencies and environmental emergencies. This class is a two year certification through AHA.

- Date:** Saturday, January 22 or April 30
- Time:** 12:30 – 4:30 p.m.
- Place:** Jameen Mape Conference Center,
Queen of Peace Hospital
- Fee:** \$50 per person (includes First Aid card)
- Credit:** 4 hours

To register for Queen of Peace classes or support groups, call the Education Department at 952.758.8187/800.584.6667, ext. 5451 or register on-line by going to our website at www.queenofpeacehospital.com.

For more information, call Queen of Peace Education Department at 952-758-8187/800-584-6667, ext. 5451.

Family/Childbirth

Labor and Birth Education

This one-day childbirth class offers general information about the process of pregnancy and vaginal and cesarean birth. Topics include nutrition for mother and baby, exercise, breathing techniques, coaching support, medication and anesthesia, warning signs of pre-term labor, and information on taking care of yourself and your baby before, during and after childbirth. An opportunity to tour the Family Birthing Center and private rooms is provided.

- Dates:** Saturday, February 12 or April 2
- Time:** 9 a.m. – 4 p.m.
- Place:** Jameen Mape Conference Center,
Queen of Peace Hospital
- Fee:** No Charge; \$100/couple if delivering elsewhere

Breastfeeding Your Baby

Discoveries about the benefits of mother’s milk, such as immunological benefits, have convinced many parents to breastfeed their infants. Topics include breastfeeding advantages, how often a baby needs to be fed, how to tell if the baby is getting enough to eat, employment and breastfeeding, overcoming challenges and a father’s role. A video, information sheets and books will provide additional information.

- Dates:** Wednesday, February 16 or April 6
- Time:** 6:30 – 8:30 p.m.
- Place:** Jameen Mape Conference Center,
Queen of Peace Hospital
- Fee:** No Charge; \$25/couple if delivering elsewhere

The Family Birth Class

(Refresher and Sibling Class)

This session offers an important review and update for couples who have experienced birth and is designed to make the transition to “big brother/big sister” a little smoother for children. This class is designed for parents delivering at Queen of Peace Hospital to introduce the entire family to the facilities and staff who will care for you during your stay.

- Dates:** Wednesday, January 5, March 9 or May 11
- Time:** 6 – 7:30 p.m.
- Place:** Women’s Health Center Lobby,
Queen of Peace Hospital
- Fee:** No charge

Support Groups

Depression/Anxiety Support

One-on-One Support

Support is available for individuals experiencing depression or anxiety by offering an opportunity to share feelings and talk confidentially about concerns. Learn to build relationships that foster support, tolerance, dependence and change. For more information, contact Norb Patnode at 952.758.4131.

Support Groups

Beyond the Baby Blues

One-on-One Support for Postpartum Depression

The birth of a baby often results in a variety of emotions. These may include feelings of sadness, hopelessness, anxiousness, fearfulness or irritability. Postpartum depression (PPD) is frightening. Alone, it can be overwhelming. For more information, contact Mary Nytes, RN, Queen of Peace Hospital Family Birthing Center at 952.758.4431, ext. 5230.

Growing Through Grief Support Group

An educational and support series for those who have experienced loss in their lives, or those who are companioning family or friends who are experiencing loss. This group meets the second Thursday of every month. Register by contacting Mary Jean Horstmann, Hospital Chaplain, at 952.758.8176.

Dates: Thursdays—January 3, February 10, March 10, April 14, May 12
Time: 7 – 8:30 p.m.
Place: Solarium, Queen of Peace Hospital
Fee: No charge, but registration is requested

Miscarriage/Infant Loss

One-on-One Support

Have you experienced the loss of a baby through miscarriage, stillbirth, or infant death? Have you imagined sharing special experiences with your child? Have others told you to just “get over it”? Grieving for a baby is very different than grieving for a spouse, parent, sibling, older child, or other loved one. One-on-one support is available if you want to talk, listen, and share your feelings in a safe, confidential, nonjudgmental environment with others who have similar experiences. This is an interdenominational program co-sponsored by St. Wenceslaus Church Pastoral Ministries and Queen of Peace Hospital Pastoral Care Services. For more information, call St. Wenceslaus at 952.758.3225.

Fibromyalgia Support

One-on-One Support

Talk confidentially about issues affecting your daily life. Contact Dorothy Orr at 952.758.3452.

MS Support Group

Area support group offered to people diagnosed with multiple sclerosis who would like support and have questions answered from others with the same condition. This group meets the last Wednesday of every month. For more information, contact Mary Kanitz at 952.992.0351.

Dates: Wednesdays—February 23, March 30, April 27, May 25
Time: 6:30 – 7:30 p.m.
Place: Solarium, Queen of Peace Hospital
Fee: No charge, but registration is requested

26 ***Register Online!*** [Queen of Peace Hospital: www.queenofpeacehospital.com](http://www.queenofpeacehospital.com)

Support Groups

Live Strong® Cancer Support Group

Living with cancer is not just a physical journey. It is an emotional journey as well that can affect every relationship that exists in your life — relationships with spouses, children, friends, extended family, and work colleagues, not to mention your relationship with God. In addition to the emotional effects of cancer, there are also physical and practical elements that can be challenging. It is important to know that you are not alone in this experience.

Live Strong® is part of the Lance Armstrong Foundation, established by Lance Armstrong, winner of seven consecutive Tour de France races and cancer survivor. For more information, contact Mary Jean Horstmann, Hospital Chaplain, at 952.758.8176.

Look Good...Feel Better®

Cancer can rob a woman of her energy, appetite and strength. It doesn't have to take away her self-confidence. Look Good... Feel Better® is a free program that teaches beauty techniques to female cancer patients in active treatment. Participants will receive instructions and advice on dealing with the temporary appearance changes of cancer treatment and \$250 worth of free cosmetics. To register or receive more information, contact the Queen of Peace Education Department at 952.758.8187.

Dates: Tuesdays—February 8, April 12
Time: 7 – 9 p.m.
Place: Solarium, Queen of Peace Hospital
Fee: No charge, but registration is requested

Prostate Cancer Support Group for Men

Individuals and family members can talk freely about issues affecting their daily lives in this confidential setting. The group's purpose is to serve as an educational forum for learning more about the disease, its treatment and other issues related to prostate cancer. Spouses and families are invited to attend this quarterly meeting. For more information, contact Joan Glisczinski at 952.758.4431, ext. 5174.

Date: Wednesday—January 19, April 20
Time: 6 – 7:30 p.m.
Place: Solarium, Queen of Peace Hospital
Fee: No charge, but registration is requested

Suicide Grief Support Group

This area support group is for adults and high school students who have experienced a death by suicide. Family and friends are welcome to attend. This group meets the fourth Tuesday of every month. For more information, call Sally Schmid at 952.758.4735.

Dates: Tuesdays—January 25, February 22, March 22, April 26, May 24
Time: 7 – 8:30 p.m.
Place: Jameen Mape Conference Center, Queen of Peace Hospital
Fee: No charge, but registration is requested



504 Sixth Avenue NW • New Prague, MN 56071
952-758-8199 • www.newpraguefitnesscenter.com

Fitness Center Hours:

Monday – Thursday 5 a.m. – 9:30 p.m.
Friday 5 a.m. – 7 p.m.
Saturday (October - May) 6 a.m. – 6 p.m.
Sunday (October - May). 6 a.m. – 6 p.m.
(Open Saturdays & Sundays 6 am to 2 pm through September)

- *Certified Personal Trainers • Certified Group Exercise Instructors • Certified Massage Therapists • Childcare • Reimbursement on Blue Cross Blue Shield, Medica, UCare Minnesota, HealthPartners and IFCN insurance plans*

The following classes are included in a Fitness Center membership. Visit us at www.queenofpeacehospital.com or call 952.758.8199 for more information and to attend a free trial class.



SilverSneakers® Muscular Strength and Range of Movement

A class designed for older adults age 50 and older. Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support.

Dates: Mondays – Thursdays
Times: M/W 8:30 a.m.; T/TH 9 a.m. & 10 a.m.

SilverSneakers® YogaStretch

YogaStretch will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.

Dates: Fridays **Time:** 11 a.m.

Fee: No charge for Fitness Center members and Medicare-eligible insurance participants; \$3 class fee for non-members

Orientation: Mandatory and by appointment

SilverSneakers is a registered mark of Healthways Health Support, Inc.



ZUMBA!

Ditch the Workout, Join the Party! Zumba combines Latin rhythms with easy to follow moves. This hour long class features interval training sessions with fast and slow rhythms and resistance training combined to tone and shape your body while burning fat. Add some Latin flavor to the mix and you've got a ZUMBA class!

Extreme Cross Training (seasonally)

A challenging class designed to rev up your metabolism and build up your stamina. Class format includes plyometrics, strength training, aerobic conditioning and core work. If you're looking for a change in your routine or if your training is in a rut, this is the class for you! This class is designed by trainers.

Boot Camp (seasonally)

Welcome to the Army! Basic drills and obstacle courses equal a great cardio, strength and core workout in this 50 minute class. You will work as a team to motivate each other; the only rule is to never let your feet stop moving. There are options for beginners to advanced levels.

Kreger Taekwondo

If you're looking for a fun and stimulating way to get in shape....Taekwondo is the answer! In a structured setting you can improve your coordination, flexibility and balance as well as work on strength training and self-discipline. For ages 5 through adult, Taekwondo is fantastic for the entire family.

Dates: Call 952.758.8199 for details
Fee: \$49 per month

To register for Queen of Peace classes or support groups, call the Education Department at 952.758.8187/800.584.6667, ext. 5451 or register on-line by going to our website at www.queenofpeacehospital.com.

For further information, please call Queen of Peace Education Department at 952-758-8187/800-584-6667, ext. 5451.

Introducing... new Les Mills body workouts!

BodyFlow®

BODYFLOW® is a sublime blend of music and choreography that takes you deep into the Yoga experience. Its the Yoga, Tai Chi, Pilates workout that builds flexibility and strength and leaves you feeling centered and calm. Controlled breathing, concentration and a carefully structured series of stretches, moves and poses to music create a holistic workout that brings the body into a state of harmony and balance.



BodyPump®

BODYPUMP® is the original barbell class that strengthens your entire body. This 60-minute workout challenges all your major muscle groups by using the best weight-room exercises like Squats, Presses, Lifts and Curls. Great music, awesome instructors and your choice of weights inspire you to get the results you came for – and fast!



BodyStep®

BODYSTEP® is the energizing step workout that makes you feel liberated and alive. Using a height-adjustable step and simple movements on, over and around it, you get huge motivation from sing-along music and approachable instructors. Cardio blocks push fat burning systems into high gear followed by muscle-conditioning tracks that shape and tone your body.



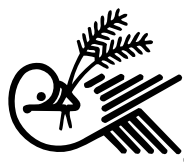
TRX® Suspension Training

TRX® Suspension Training® bodyweight exercise is designed to build power, balance, strength and flexibility for people of all ages and at all fitness levels in a fast and effective workout.



Turbo Kick™

The best of two worlds: group exercise and martial arts. Turbo Kick is the ultimate cardiovascular challenge with easy to follow combinations.



Queen of Peace Hospital

Bringing Medical Excellence Home

HOSPITAL SERVICES

Cardiac Rehabilitation/ICU

Chemotherapy/Cancer Care- comprehensive oncology services for patients and their families

Community Education- childbirth, CPR, first aid, health awareness and more

Emergency Services- 24-hour coverage by trauma physicians and nurses

Express Care

Family Birthing Center

Family Medicine Clinics

Fitness Center 1000+ fitness members

Internal Medicine

Medical Nutrition Therapy

Medical/Surgical Unit

Outpatient Clinics

- Allergy
- Audiology
- Cardiology (Minneapolis Heart Institute)
- Colon and Rectal
- Gastroenterology
- General Surgery
- Infectious Disease
- Neurology
- Ophthalmology
- Oral and Maxillofacial Surgery
- Orthopedics
- Otolaryngology
- Pathology
- Physical Medicine
- Pulmonary Medicine
- Urology

Peace Center- food/clothing distribution

Pediatrics

Plastic Surgery

Queen's Court- independent living for those 55 and older

Radiology Services

Rehabilitation Services - Physical/ Occupational/Speech

Respiratory Therapy

Same Day Surgery/Operating Room

Sleep Center

Support Groups

Tours (children's, newcomer, and organization tours available)

Women's Health Center- healthcare for every stage of a woman's life (OB/GYN)

New Prague Area Czech Groups

Czech Heritage Club

www.czechheritageclub.com

Contact: Deb Ziskovsky, 952-652-2677

- Third Annual Ham and Eggs Breakfast, KC Hall, Sunday, Feb. 20
- Monthly Meetings on Second Wednesdays, City Hall
- Cook Books for Sale, "A Taste of Czech Tradition," at State Bank, Humble Pie, and CHC website
- Looking to sponsor interested candidates for Miss Czech Slovak MN Pageant
- See us at the Celebration of Czech Heritage: Sunday, March 13

Annual Czech Movie

Sunday, April 10 at 2pm

Place: New Prague Middle School

Sponsored by the Czech Heritage Club

Watch the New Prague Times for more information. For questions call Marion Topic at 758-4663

Domaci Czech Folk Dancers

Directors are Deb & Arnie Ziskovsky, adziskovsky@aol.com, 952-652-2677. Group performs throughout the year at ethnic festivals, nursing homes, and more.

New Prague Czech Singers

Director: Jan Rezac, jjrez58@gmail.com, 952-652-2852
Practices are First Wednesdays, 6 p.m. in Great Room at Mala Strana. Group performs throughout the year at nursing homes, ethnic events and more. Upcoming performances at Mala Strana are Third Mondays, every other month, at 10:30 a.m. (Feb. 21, Apr. 18).

Gifted & Talented

Contact: Rachel Luckow; email: npmcgt@gmail.com
Thursday, January 20, 7pm, City Hall community room

Speaker: Deborah Ruf, PhD. (www.educationaloptions.com). Nationally known speaker and writer to speak about the challenges of raising gifted and talented kids. Please send an email to npmcgt@gmail.com to RSVP and receive more information.

MOPS (Mothers of Preschoolers) and MOMSnext (Mothers of Schoolagers)

www.mopsnp.blogspot.com

MOPS AM: Lisa Hartmann, 612-390-5001

MOPS PM: Deb Halloran, 952-873-3084

MOMSnext: Jen Dotzler, 952-758-8037

Registration: Barb Givens, 507-744-4289

Communities of mothers meeting for personal growth, practical help, and spiritual hope. Meets Second and Fourth Tuesdays, until April 26, at New Prague Alliance Church, 830 Fourth Ave SW. MOPS meets 9-11:30am and 6-8pm; MOMSnext meets 6-8pm. Registration \$24.



New Prague Area Youth Soccer Club

Contact: Amy Amundson, 952-758-7931;

Email: amundsonnp@aol.com

Competitive spring soccer affiliated with the Minnesota Youth Soccer Association. Openings are still available for spring/summer traveling teams for boys and girls between the ages of 8 and 17.

New Prague Girls Fastpitch Association

npgfa.org

New Prague Area Community Center

100 12th Street NW

New Prague Area Figure Skating Club

Spring Show: "Colors on Ice" at the NP Comm. Center
Saturday, March 12, 4pm, and Sunday, March 13, 1pm

Learn to Skate

Session 4: Jan. 22-Feb. 26

Basic Skills 1-8 & Hockey 1-4

Tuesdays & Wednesdays, 4:30-5pm or 5-5:30pm

Saturdays, 8:45-9:15am or 9:15-9:45am

For more information, contact Connie Bartelt at 952-758-7825 or Courtney Baga at 218-343-4665.

New Prague Area Hockey Association

newprague.pucksystems2.com

President: Kraig Gregor, 952-201-9966

Arena Info: Connie Bartelt 952-758-PUCK

New Prague Chamber of Commerce

www.newprague.com

952-758-4360

MN Czech Country Expo

Sunday, March 27, 10am-2:30pm

Come see all that Czech Country businesses have to offer! Exhibitors wanted.

26th Annual New Prague Half Marathon, 5K & Kids Fun Run

Saturday, May 7

Half Marathon – 8am

5K – 8:20am

Kids Fun Run – 10:30am

Visit www.runnewprague.com for more information!

New Prague Gymnastics Club

200 12th Street NE • New Prague, MN • 952-758-6444

info@npgclub.org

Strength • Balance • Flexibility

These are CORE ingredients to success in any sport!

Have fun, get strong through Gymnastics! Stop by and take a look at the Gym! Classes are offered year-round. For questions, contact Doug by email at doug@newpraguegymnastics.com. Visit our website at: www.npgclub.org

SCOUTING. GOOD FOR LIFE.

The Scouting program in Rice, Scott, and Le Sueur counties (1st-12th grade) is "good for life." Good for the participant with new friendships and experiences, good for the family as they work and play together, good for the life of the community through service projects and learning about being a good citizen, and good for a lifetime through learning skills and virtues that will last.

To learn more visit www.rollinghills.nbsa.org or call the Scout Service Center at 651-254-9120.

CUB SCOUTS

New Prague

Jon Colling 952-758-5406 • Willie Macris 763-227-8767

New Market

Sherry Aasen 952-461-4040

Lonsdale

Scott Pelava 612-282-5954

BOY SCOUTS • Paul Woyta 952-758-2607

GIRL SCOUTS • Deb Meyer 952-758-2929

St. Wenceslaus Catholic School

952-758-3133

A Snowman Celebration

(Ages 2-6 with parent)

St. Wenceslaus School Gymnasium

Tuesday, January 11 (January 13 snow date), 6-7:30pm

Snow related games, prizes, and treats. Parents and children will move from station to station and participate as you wish by dressing a snowman, throwing snow balls, snow races, making snowflakes and much more. All are welcome. FREE, no registration required.

Cold Weather Craft Nights

Little Spirits Preschool – Enter off Columbus Ave

Call 952-758-0480 to register name of child attending

• Be My Valentine – Wed, Feb 9, 6:30pm

FREE, but advance registration is required to ensure adequate supplies are available. A parent must accompany preschool-aged children. All are welcome. Come for one or all sessions.

Toastmasters - Open House

Speechless? Have interviews caught you without words? Has your boss asked you for a status report that you were unprepared for and you couldn't think of a thing to say? Does the thought of giving a speech terrify you? Are you looking to take on more of a leadership role at work? Toastmasters can help with all of those and more. Come to our open house to see what we are all about.

Thursday, 1/27 6:30-8pm at New Prague City Hall

Schoenbauer's Country Corral

LeRoy & Pam Schoenbauer

24435 Drexel Avenue, New Prague

952-758-2560 or 612-501-1869

schoenbauers@bevcomm.net

"Changing lives, one ride at a time"

Therapeutic Riding, Special Olympics, Trail Rides (ages 2 and up), Mommy and Me fun time (any age), Daddy and me fun time (any age), Carriage Rides, Pony Parties, Petting Farm-Yard, Traveling Parties, Lessons, Mini-camps. We ride when the weather is nice.

Hymnus

Hymnus, a locally based non-profit choir, will begin accepting new members starting January 6th. Under the musical direction of Nicole and Toby Thietje, Hymnus is comprised of boys, girls, teens and adults, and rehearses Thursday evenings at the New Prague Arts and Culture Building located at 301 Lexington Avenue South. For information about Hymnus, go to www.hymnus.us, or email Mary Zard at choirmaster@hymnus.us. You may also call Mary at 952-201-9753.



New Prague Area Community Band

Grade 9 through Adult

Do you currently play an instrument, or did you, back in high school? Under the direction of Rush Wagner, the New Prague Area Community Band are people of all ages who enjoy entertaining people with various types of music and talent. The group performs at various festivals, including local concerts, parades and special events. Our doors are always open for new members, so join us on Mondays. 7-8:30 pm at Community Education (CEC Band Room), 420 Central Avenue North. For more information: Rush Wagner, Director 612-750-5297 rush_wagner@hotmail.com Mark Salaba, President 952-297-4213 msacres@means.net

**Library Hours
and Storytimes**

See Youth, Page 5

GIFT CERTIFICATES

Looking for a special gift for that hard to buy person? Try a Community Education Gift Certificate! We will work with you to make a certificate for a specific class or for general use. Call the New Prague office at 952-758-1734 to purchase a gift certificate.

NEED SPACE?

Our district has a policy to encourage the maximum use of our facilities. Organized groups needing use of our facilities for education, recreation or entertainment should call the building they want to use for more information and fees. Depending on the nature of your organization, the type of use, and size of group, custodial fees and/or rental fees may apply.

BAD WEATHER

If schools are closed due to inclement weather or other emergencies, Community Education classes will also be cancelled. Closing information will be announced on KCHK radio or you may call the community education office or visit our website.

REFUND POLICY

Refunds must be requested no later than 4 p.m., two working days prior to the first day of class. A fee may be deducted from any refund made at the participant's request.

EQUAL OPPORTUNITY STATEMENT

New Prague Area Community Education programs provide equal opportunity for education and employment. We affirm that we do not discriminate on the basis of sex, race, color, religion, creed, national origins or status, in regard to course offerings, participation, instruction, or access to facilities.

DISCLAIMER

By registering for classes, trips or events, you agree to hold Community Education, the district and staff harmless for any injuries. Participant Publicity Acknowledgement: Community Education reserves the right to utilize photos and the names of participants for publicity purposes. Participants desiring their name and/or photograph not be used must notify Community Education in writing at the time of registration.

COMMUNITY EDUCATION REGISTRATION FORM

Please fill out one form per class and include your payment, payable to Community Education.

Student Name: _____ Gender: M F Age: _____

Parent Name: _____ Work/Cell Phone: _____ Grade: _____

Address: _____ Home Phone: _____

City: _____ Zip Code: _____

Class Title: _____ Session/Date/Time: _____ Fee: _____

Special Information: _____ E-mail: _____

Paid by: Visa Master Card Cash Check# _____

_____/_____/_____/_____/_____/_____/_____/_____
Card Number Exp. Date Security Code

Print name as it appears on card

X _____
Signature of Cardholder (required)

T-shirt size

(circle one if applicable)

Youth: S M L

Adult: S M L XL

COMMUNITY EDUCATION REGISTRATION FORM

Please fill out one form per class and include your payment, payable to Community Education.

Student Name: _____ Gender: M F Age: _____

Parent Name: _____ Work/Cell Phone: _____ Grade: _____

Address: _____ Home Phone: _____

City: _____ Zip Code: _____

Class Title: _____ Session/Date/Time: _____ Fee: _____

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_____/_____/_____/_____/_____/_____/_____/_____
Card Number Exp. Date Security Code

Print name as it appears on card

X _____
Signature of Cardholder (required)

T-shirt size

(circle one if applicable)

Youth: S M L

Adult: S M L XL

POSTAL PATRON

ILLUSION THEATER PRESENTS...

My Antonia

Sunday, March 13, 2 p.m.
at New Prague High School
Auditorium.

Tickets
go on Sale
February 1 at
Community Ed.
www.np.k12.mn.us/commed

STARRING NEW PRAGUE GRADUATE...

Katie Guentzel